

The Miracle Self  
MONTHLY LETTER 11  
- November 2018 -

Instantaneity

Dear Friend,

The experience of life, health, healing, in truth, is instantaneity. The instant of awareness is the instant of experience. There is no delay because there is no difference. Awareness and experience are one. Another way of stating this is that there is no such thing as unformed awareness or unformed realization.

The experience of wealth or abundance – an ever-present sufficiency of good form including money – in truth, is instantaneity. The instant of awareness is the instant of experience.

The experience of love, in truth, is instantaneity. The experience of harmony, of fulfillment, in truth, is instantaneity.

Do not ever believe the seeming reality of the infinite forms of existence in themselves, no matter how we categorize them. The seemingly real body – the physical body – is not what it seems to be, and has nothing to do (hear this closely) with the spiritual body: the one, the real, the only body that stands right here as your and my true body.

The spiritual reality of supply, wealth, abundance, success, prosperity have nothing to do with their seeming avenues of work or business, of paychecks, investments and dollar bills. The spiritual wealth – which is really the spiritual fulfillment or wealth of all form, all condition, all place and all activity without agency or vehicle – stands right here where you are this instant. It has nothing to do with the way in which it appears, through sense, in its many forms, i.e. material money, physical work, physical business, cause and effect, being

rewarded for effort invested in business or work or good deeds. Spiritual fulfillment cannot be earned; spiritual fulfillment already *is*.

The belief in having to earn God's fulfillment and its forms of good such as love, money, success is entirely erroneous and have nothing to do with the spiritual reality that stands right where the apparent need seems to be. Spiritual reality is not ethereal reality that is impractical to our here and now situation. Spiritual reality is the one reality which is completely practical. There is no greater practicality because spirit is the one, finished kingdom of itself within and without.

If only we will release from belief all that appears to be, know the one truth of God being all-of-all, and rest our awareness in that which *is* – not only resting in that which *is* but being fed of the food the world knows not of, and totally relying on it for our every fulfillment, all we have to do is bear witness to how quickly the spiritual reality becomes the reality of our every experience.

The moment of awareness is the moment of experience because spirit (fulfillment) already *is* within and without.

Your health already exists, and nothing can destroy it. Nothing can even disturb it. Health *is*, period. Everything that we may call illness, disease or old age is not a reality, and unreality can never destroy or even disturb reality.

*Realize: My health, my life, my spiritually perfect, alive, vital, purposeful, and eternal body stands right here, right now. It is the only body I have and the only experience of the body I have, and, as I realize this, I HAVE IT because the instant of realization is the instant of experience.*

If we will release everything to do with this world, including the personal sense of ourselves, and bathe in spirit, not trying to get spirit to do something humanly, physically or materially, but simply bathing in and bearing witness to the spiritual reality, we are free. Attempting to use God or spirit to “do” something for us is one of the greatest blocks we can place between God and us. God or spirit is all-of-all. This I must know, live, and bear witness to.

*I am spiritual being. My body and world and all they constitute are spirit. I cannot have anything more or different than my spiritual experience because there isn't anything more or different. Spirit is*

*all-of-all!*

The “anything more or different” that we still believe we need is nothing but dream stuff. Anything “physical or material” is just a belief, and reality cannot do anything with a belief. Belief cannot be healed, harmonized, prospered. The only thing that can affect belief is more belief, and that, as we all know, is very short-lived even if it does provide us with some temporary good. Manipulating belief is not what we are doing in truth. In truth, we are evidencing the one reality of God or spirit being all-of-all – already present, visible, and tangible.

When we realize the already-ness of spirit, we stop the infantile effort to get spirit to do something to our humanity, to our physical bodies, and to our material worlds. We live wholly as and in and by spirit, trusting spirit one hundred percent as being all-of-all, and then living as a beholder of spirit in action, in experience. In this way, we witness the instantaneity of truth.

### The Instantaneity of Truth

The moment you feel truth, you experience it. I am speaking the experience of real form, the only form that exists. The moment the presence of God is felt, it is experienced.

Now, if you trust that, if you know that that is the only truth of self, mind, body, and world, you only have to watch how quickly you *have it* as tangible, visible experience.

Rest and relax in spirit for a few minutes now, feeling the soft, loving presence, and gently realizing that as you feel it, you instantaneously have the form of it in every category of your life.

Perhaps start with that one category of life that, in your experience, needs fulfillment. Realize that the presence you feel within is the inner and outer fulfillment tangibly experienced.

Sit now, being fed by spirit. Trust it, and simply behold its experience.

(A few minutes in silence)

*I am. I have.* Do you see that now?

*I have* food the world knows not of. *I am* that I am. I and the Father are *one*. All that the Father has, I have also, because oneness is omnipresence and cannot be separated or divided.

Oneness being true, all we have to do is open ourselves to the *I* that we truly are, the fulfilled spiritual being that we truly are, and then all that *I* is and has, indeed, is tangible ours. As *I*, we *already are* everything that God existence is. We *have* everything that God is. Awareness and experience are one, never different, never separated – one and omnipresent, forever fulfilled good.

### Living as *I* Is Instantaneity

The fulfillment that *I is* is instantaneity. The health of *I*, the wealth of *I*, the love of *I*, the harmony of *I*, the home, the family, the neighborhood, the world of *I*, is instantaneity. Every aspect of life, in truth, behind the veil of false imagery (if imagery is believed to be something in and of its own self) stands the instant fulfillment of *I*, the instant fulfillment of being. This is the truth of *I*.

Take any category of life. Let us take the experience of *travel*. The truth of what we call *travel* is instantaneity. In our foggy state of awareness, we translate that truth as a bicycle ride from A to B or a car ride from A to B or an airplane flight from A to B, and so it takes what, to our sense, is effort, time and sometimes money. Where is God in that picture? God is nowhere in the human picture. God *is*, and God is *instantaneity*; therefore what is the truth of what we call *travel*? Instantaneity. The very instant of our awareness and readiness of wanting to be at a certain place is the instant of our being there.

Where does the experience of the instantaneity of travel exist? It is *I*. Is *I* practical? Is the instantaneity of travel practical here and now? Yes, *when we truly and thoroughly lift into and live as I* – live as spiritual beings in the spiritual universe.

In spirit, *all is*. This is the truth of travel. In spirit, all is holy ground or omnipresence. Omnipresence is right here where we stand; there is nowhere “else” to go. We are already standing on every infinite place. Is this truth ethereal and impractical? No. “I am in this world, but I am not of it.” I am of spiritual awareness – omnipresence awareness – not

material. But we have to be tangibly living in and as omnipresence to experience the practicality of its infinite variety of “places.”

### Governed by *I*

When I live my spiritual identity with the objective sense of world, the world is governed by *I*. The world and all it constitutes reacts and responds to *I* because the world *is I* – simply sensed corporeally.

Time and space are not actual. They are sense only. Cause and effect are not actual but are sense only. Is sense a reality in and of its own self? No.

*I* and form are one. *I* govern sense. *I* have dominion over all sensed form and experience, thing, condition, place, time and space, cause and effect. I have spiritual dominion over all in the world. Read the first chapter of Genesis again. It is beautifully stated there.

I have dominion, not as a personal self, a selfish self, but as *I*. The moment we are living, truly living as spiritual being, all we have to do is behold that dominion taking place at our feet and all around us.

It is a miracle when we first really do start living as *I* and trusting *I*, – literally living on the food that the world knows not of, and trusting it one hundred percent, and simply *beholding I* in action. Oh, it is a miracle beholding the whole world conform.

The instantaneity of *I* becomes ever more evident to us, and real, as we first truly live as *I*, and then it becomes ever more instant as we truly carry on living as spiritual being in the spiritual world. At this point in our awakening, we know that the world we experience is simply our corporeal sense of God, therefore we do not attach our sense of reality or our hope and desire to it. We leave it be, and because it is free of our hold on it it is free to reveal itself as God, good. Always remember that sense has no power to it, no law, no cause and effect, no time and space as long as we do not believe anything of sense in and of its own self. All is spirit (the goodness of God) which is always instant because it is already present.

Fulfillment in every category of life is already present and visible to sense, no matter what the appearance may suggest. If we wish to experience it we have to be what it is; we have to live

as and in and by *I* and then behold its fulfilled presence looking like material forms of fulfillment. “Before they call, I will answer. . . . Call unto me [constantly be aware of the presence of *I* as all-of-all], and I will answer thee, and shew thee great and mighty things, which thou knowest not.” (Isaiah 65:24; Jeremiah 33:3)

### Release Your World

I watch students hang onto their worlds (as I used to) and, by doing it, prolonging their difficulties and delaying their freedom. I watch how those who are able to let go, even a little, tend to heal faster, but those who hang on to their physical sense of body or material sense of home or money or business prolong their troubles. These individuals email or call time and time again but the light of truth cannot get through until they begin to let go.

Sooner or later, one by one, the hold on the material sense is broken, and their healing comes through – either quickly or more gradually, but it comes through. It is a beautiful thing to witness, and I wish there was a way to show students that if they could only let go they would have quick release from every trouble. We suffer unnecessarily by holding onto what we are convinced needs healing or prospering or pacifying, but not one aspect of our suffering and its believed cause of has truth to it. No suffering or believed cause of suffering – disease, lack, limitation, relationship or family discords – have any reality or truth to them. They are decoys.

Your body, this physical sense of the body and everything it experiences, has nothing to do with the truthful body. The “physical” is a very poor sense of the spiritual body. We can demonstrate that. We can move a finger, and realize that that simple movement is our awareness moving, not spirit moving. The spiritual body is not moving. The spiritual body is the entire existence of truth itself. It is the finished kingdom, therefore does not move. The only reason to move a finger is to experience something which is not yet finished. If we are truly finished, fulfilled, complete, whole, then there is not a single breath we have to take, not a single finger movement we have to make, not a single step we have to take. *Is IS*. *Is* does not need something else. *Is* is finished and fulfilled already.

### An Objective Sense of *I*

I am in this world but not of it. I am, at this level of awareness, having an objective sense of *I*.

The moment of objective sense is the moment of movement. Our objective sense involves what appears to be evolution, progress, time and space, cause and effect; yesterday, today and tomorrow. The key to being in the moving sense but not of it is to realize that all *sense* of life has no reality to it, in itself. Sense is just sense. What IS, despite the infinite variety of sense testimony to the contrary, is *I* which is fulfilled (unmoving) being, mind, body, thing, condition, and world. Fulfilled *I* is instantaneous fulfillment of experience. By staying in *I* consciousness in the midst of the movement of “this world” is to have the control of fulfillment in the world.

This is the secret of understanding and managing the corporeal sense – the world of good and bad. None of sense or the things of sense are real. Only *I* is real and *I* has nothing to do with the corporeal sense. *I* is not attached to the things of sense. Hear that closely.

Sense, and our belief about it – the world of good and bad – are not attached. In other words, we do not have to do anything to the things and conditions of sense in order to experience our fulfillment, and we do not have to desire anything for them or from them. We do not have to work with cause and effect, or time and space. There is no reality to these; they have nothing to do with *I*. *I* is forever detached and free; *I* is forever fulfilled. It is in *transcending* the things of sense and living in *I* that *I* becomes tangible as the fulfillment of sense. If you can hear that and then break yourself free of all that appears to be, including the body, you experience quick healing and fulfillment of all things.

### Experiencing the True Body

Let us get back to the body for a moment. Release it, every cell of it. Release its whole appearance, its whole sense, every organ and function, good or bad, whether you are feeling healthy or ill. Release the entire body. Want nothing for it. Do not believe that your body has its own health or is experiencing disease. Everything to do with the physical sense of body – good and bad – is sense alone, not reality.

Do not attempt to use spirit to heal a physical body. It cannot be done. Spirit has nothing to do with our sense of it as the physical body (or any other category of sense). Spirit IS; the physical and material is nothing but sense believed to be real. Sense believed to be real is like a veil, if you like, disguising the real body and world – like the morning mist obscuring the clear view of the ocean.

Release all belief about sense and what it testifies to. Desire nothing for it; need nothing from it. Take it right out of your mind. Do not be concerned about what it suggests. Sense and the things of sense do not need anything except the consciousness of light. Spiritual light brought to sense illumines the objects and conditions of sense, revealing their truth.

Release the “physical” body; put it out of your mind. Revealing the health of the body has nothing to do with going to God *for* the body's health. The body of God is already in perfect health. It *is* life itself. Our work is to go to God for the experience of God. When we have the God experience we “also” have the healthy body which, to sense, appears as the healthy or healed “physical” body.

Fill your awareness with God or spirit. Think about God as God is; ponder the spiritual life and the things of spirit. Do not try to relate them to anything human, physical or material. Stick with spirit; become spiritually aware; fill your mind and senses with spirit, with God, with heaven as all-of-all. Lift right up into an awareness of spirit being what the infinity of existence is. “I am the Lord your God [your entire existence]. . . . I am the Lord, and there is none else.” (Leviticus 11:45; Isaiah 45:5)

Spirit does the interpreting or translating for us. We are not required to interpret or translate spirit into material understanding and fulfillment. We do not possess that faculty. Only God is, therefore God is the within and the without; God is the finished kingdom of heaven and earth and all the host of them. Do you see? Our work is to stay in God awareness. The “rest” is automatic and infallible. We *bear witness* to the presence and activity of God; we are not assistants to God. Oh, if you can truly hear this you will never again be concerned about or hang onto the physical body or material world. You will free them by releasing them and you will thereby bear witness to the miracles of fulfillment throughout every department of your life!

Fill your awareness with spirit itself.

*I am spirit, therefore I am full of spirit and nothing else. Everything I see, hear, taste, touch, smell and think about is spirit. Spirit fills all space within me and my universe; spirit is all people, things, place, activities, amounts, and conditions. Spirit IS, spirit KNOWS, spirit INTERPRETS, spirit FULFILLS. I simply BEAR WITNESS.*

Feel your senses brimming with spirit as you fill your awareness with this truth.

*Spirit IS.*

*I IS.*

*I am spirit, therefore I am full of spiritual awareness and spiritual things.*

It brings back to mind the beautiful statement, "The earth is full of the goodness of the Lord."  
(Psalm 33:5) How wonderfully fruitful it is to meditate with this truth for hours, for days, forever!

*The earth and all it constitutes is full of the goodness of God; the earth is itself the fullness of God, good – the very infinity, omnipresence, and eternity of God itself.*

*I am full of the spirit, substance, and forms of God. All that I am and all that I experience is spirit and full of spirit spilling out of me, leaving twelve baskets full of spiritual loaves and fishes for every person who wishes to freely receive them.*

*I Am the very presence of the infinite presence of loaves and fishes for every person, every family, every community to freely partake of. I Am that I Am. Come, freely partake.*

*My mind is full of spirit therefore I have and I see only spiritual things, spiritual experiences. My body is full of spirit. My body is spirit itself, therefore only has and experiences spiritual life. Its organs and functions, its entire activity is and experiences only spirit itself.*

*My world and all in it is spirit, therefore experiences spirit alone and is witnessed as spirit alone.*

*I am spirit, and spirit is the entirety of existence taking place right here as I Am. The whole of God is right here taking as I Am. The whole of the creation is right here taking place as I Am, and that creation is spirit which is fulfillment.*

Spirit is instantaneity, omnipresence, omniscience, omnipotence. All that God is and has exists here now as the *I* that you and all are. And because there is no such thing as unformed omnipresence, omniscience or omnipotence, all experience of the one presence, power, and intelligence is instantaneous form as I live in and as *I*, live *by I*, *feed and nourish* my experience with *I*, and am no longer hoodwinked by appearance.

I am in the world, but I am most definitely not of it. I am spiritual being living in and realizing the spiritual world. Therefore, I am living fulfillment. I am forever fulfilled. I am the very *I am, I have* presence itself. The I Am of me is the presence of God, therefore I am the presence of fulfillment itself in every category of life.

Filled with spirit, do you feel the freedom that can never be bound or limited or even delayed by physical sense? Feel the release from the physical sense. Live the spiritual body. By the degree that you do, you will discover that your corporeal senses are so filled with spiritual fulfillment that you find yourself with dominion over the physical sense and are able to simply watch it become and then remain whole, healthy and vital. The physical sense has no choice because when sense is filled with spirit, the so-called physical has no choice but to react and respond, and reveal itself as that which the spiritual *is* – life, vitality, strength, purpose, and eternity.

#### Money, Success, Prosperity

The same principle applies to finances and prosperity – your work or your business, your investments, your savings, your success, your supply of every good thing, including money. Release them all; release every specific to do with money, success, prosperity, financial security. No specific has anything to do with truth or your truthful experience of wealth. Release them and let them go forever. The images – the forms, activities, and amounts – will take care of themselves. Fill yourself with spirit, not as wealth, not as money, not as success, not as successful work or business, but as and for *spirit itself*.

*I am spirit; everything of my world is spirit.*

Can you think of a more beautiful truth statement? *I am spirit, and my world and everything in it is spirit.* There we have our oneness, our omnipresence, our instantaneity, our already present and formed fulfillment. *I am spirit, and my entire world and all it constitutes is spirit.*

#### Trust God/Spirit

Trust God or spirit. Isn't it strange that we trust so many hundreds of worldly things and activities, yet we do not trust the one truth, the one reality? Let us trust it now, and then

simply bathe in *I*, in the omnipresence of the finished kingdom of spirit. Remember, it is the Father's – spirit's, *I*'s – good pleasure to give you the kingdom. That does not mean to give you just this moment of fulfillment or relief from a seeming problem, but eternal, unconditional fulfillment.

It means what it says. It is the Father's good pleasure to give you *the kingdom*, the entirety of your truth here and now. It is worth trusting God, I can assure you. Trust spirit, trust the *I* that you and the entire world IS, and then simply bathe in *I*, beholding God in action.

When you have lifted into a sufficient degree of God awareness so that you feel free of the grip on money or success or of any other belief in material supply, let *I* take hold of you and then simply rest and relax and bathe in *I*, letting *I* fill you, letting *I* be your sense, letting *I* reveal itself as your fulfillment of spirit. The experience of spiritual fulfillment is itself the instant of all-of-all fulfillment, and as you stay unattached to material things in themselves you quickly bear witness to the spiritual fulfillment becoming corporeally sensed as what the world calls monetary fulfillment. The key is to stay spiritually satisfied and to never “look for it” materially. The “material” image and likeness takes care of itself *as long as we leave it free to do so*.

No lack, limitation, or delay exists in God. Any such experience exists as belief within us alone. All supply is instantaneous; it already exists right where you are. It is your very consciousness. But by the degree we hold a belief in supply being separate and different from tangible experience, we delay it in our experience. In that case, in the early days, we have to suffer it to be so until we manage to lift our awareness high enough into the realization of instantaneity within and without. As I had to, you may have to call people or write to those individuals or companies you owe money to, explaining that you do not have the money at this moment but you will very soon and will send it immediately you do. You have to live in two worlds for a short period of time, and it is very hard to do. You have to temporarily cater to your remaining world belief in material money, in time and space, and in cause and effect, and in the need to make financial effort for financial results that will enable you to pay your way, clear your debts, and meet the financial demands in life and business. All this belief has to be washed out of you. As you persist in spiritual awareness, belief is quickly washed out and supply starts to flow, and you are able to pay more and more until you have caught up and then start witnessing the twelve baskets full left over each month.

Watch the Master feed the multitudes. No catering to time and space or cause and effect is evident in the feeding of the multitudes (nor in the millions healed in the Master's presence). Only God or spirit is evident and demonstrated; only the instantaneity of fulfillment, in this case, the fulfillment of ever-present, ever-formed food for as many people as needed it.

Fulfillment of every form is just as real and practical for you and for me today when we live our spiritual truth in our spiritual world of IS. Living in and as and by IS we *behold* fulfillment in action. We bear witness to every financial need being met, sometimes in the most miraculous ways, sometimes in what we would call natural ways, but, nevertheless, met. How? Why? What all truly is, is spirit, and when we live our spiritual selves in our spiritual world, we have the instantaneity of spiritual wealth. We have the instantaneity of success and prosperity. We only have to bear witness to the success, wealth, and prosperity we *are* becoming sensed corporeally as “material” forms. They already exist, and our knowing this, and resting in and bearing witness to the presence and activity of God, opens our eyes to them.

We are filled with divine idea, inspiration, the light of truth, and we realize their instantaneity in our tangible experience. We simply bathe in it, become animated by it, and *behold* as, one with it, fulfillment reveals itself.

The same is true of love, relationship, family, and home. “We” are nothing of our own selves. We do not have the faculty to make God evident as love, relationship, family or home. We cannot be loving, kind, gently, compassionate toward others. We cannot bring love and union to our families, or prosperity and happiness to our homes. *Only God is*; only God itself is love, relationship, family, and home. Never trust a teaching that promises you how to be more loving, kinder, gentler, more compassionate (or any other demonstration of good). You, I, and even the Master himself do not have such a faculty. “I can of my own self do nothing. . . . the Father that dwells in me, he does the works.” (John 5:30; 14:10)

Every category of life, and every seeming need for more good, more love, is fulfilled by only one practice: the practice of the presence of God. We have to *lose* or *rise above* the personal sense of self in order to experience God, not attempt to teach the personal self how to improve its ability to love, to succeed, to be prosperous. Such attempts strengthen and heighten the personal self, not dissolve it. So at this level of your spiritual realization (you who are studying and practicing the Miracle Self and the Infinite Way) be cautious about

what you read and who you listen to.

Always remember, truth *is*. Love, health, prosperity, happiness, freedom *are*, they do not have to be found or learned. As we lift into the consciousness of *is*, sense testifies to truth. Lift into *is*, the pure spiritual kingdom. Fill yourself with spirit. Never attempt to get spirit to do something to matter. It will forever fail. Why? Matter does not exist, it is just sense. Matter is just a poor sense of spirit. So fill yourself with spirit. Be satisfied with the spiritual experience. Know that that spiritual experience is the *is*, the instantaneous fulfillment of all in your life. Bathe in it, live in and as and by it, be fed by it.

Let *is* pour through your senses and feed your entire world because in feeding your world it reveals itself *as* your world – your fulfillment. Enjoy the feast. Stay feasting until every hour of the day, or every few hours, you tangibly *feel* and are living the fulfillment of spirit as your every moment.

I can tell you that, in my experience, I spend many hours each day and night in silence, as a nothingness of self, being fed by spirit. Then all I have to do is bear witness to class after class pouring out, watch the healings taking place, watch food, clothing, and housing becoming apparent for people, watch freedom, watch love flowing. I *behold* of the “food that the world knows not of” in action in my experience, without a single effort of my own; revealing the visibility and practicality of truth wherever I go and as whatever my activity is.

The experience of the presence of God within *is* the food, *is* the substance, *is* the form – and not *only* these but the *visibility* of these. And so I open my eyes, I walk back into my world, and there fulfillment is; or I receive an email saying, Thank you, I am healed. I received a beautiful email from Singapore just a few minutes ago saying, “I’m healed.” This beautiful one had emailed a couple of days ago suffering a severe disease, and in great distress, and here, within two days, I receive the confirmation that the healing has taken place. Has that anything to do with me? No! It takes place because I (the personal self) am *absent*.

This is the great secret in evidencing God, fulfillment. It is the *absence* of the personal sense that “enables” God to be tangibly present. Even when there is a slight but true sense of I living us miracles are witnessed. The sick are healed, the hungry are fed, the naked are clothed, the homeless are housed, the fearful are pacified, the unsafe and insecure are provided with safety and security.

In our (personal self) absence God is present. Where the presence of God is lived in literal and tangible ways, it feeds and illumines the sense of being and pours out as the food of the world, the light of the world, the fulfillment of my world and yours. Our one effort is to lift into and maintain God consciousness because God consciousness maintained *is itself* the substance, form and visibility of the instantaneity of *is* in every department of life.

Stay unattached and released from the physical, the material, the seeming structural reality of sense. Let it all go, and live in and as and by *I*, and you will witness and have fulfillment in every category of your experience – and an abundance of it to share with all in your world. It may seem miraculous at first but it is not. It is just truth.

You have love, health, prosperity, success, freedom this instant. You have safety, security this instant. If you are not quite able to completely release what appears to be, and live completely or, at least, sufficiently in *I*, then realize that it is being maintained and witnessed for you every minute of the day. All you need to do is manage (even if you have to muster all your spiritual strength to achieve it) to release your earth, your personal sense, your mind, your body, your finances, your relationship, in themselves.

Release them just sufficiently enough for as many periods of the day as you can. Do your best; that is always enough. Let us say that you are finding the distress of a problem too much to be able to let go of. Alright, muster up just enough strength to let go of it for a few minutes, four times a day – morning, noon, dinner time, and before you sleep at night. These four times will open your being enough for the truth that is being given you by the *I* of me to flow through your sense and quickly reveal the harmony or health or supply or love or safety or security.

If you feel stronger in spirit and you are able to truly let go of your world and all its detail, and start truly living in spirit, you will watch the miracle of the instantaneity of truth, even if that instantaneity seems to take five minutes or ten minutes at the moment, or a few hours or a few days. Don't be drawn in again by the appearance. Know that truth is instantaneous; know that all truthful experience is the experience of instantaneity.

Keep knowing this truth. Keep trusting it. Keep living in the fulfilled state of spiritual being, in the spiritual world, and then watch how the spiritual consciousness has dominion over

that which appears to be. Spiritual consciousness is the cause of the effect of fulfillment. It is the light of the world that causes dark (material belief) to illumine and reveal truth (fulfillment). Appearance responds and reacts and reveals itself as the image and likeness of God.

Another way of saying all of this is that all you need to be concerned about is maintaining your spiritual consciousness within and without. The “rest” takes care of itself.

Blessings,  
Paul

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