

The Miracle Self
MONTHLY LETTER 3
- March 2018 -

The Consciousness of *Is* Evidences Itself

I am tempted to say to you that this month's Letter is the most important we've had so far. So let us start, as we always should, with a few minutes of silence together. Let us become sufficiently receptive for what we are to hear.

Drop everything of human sense – of physical, of material sense or belief – and relax back into that rested state, that silence of being, which is naturally open and receptive to truth.

(A few minutes of silence)

Let us first realize this – and as we hear it, realize that there is no difference between what we have been educated to believe is the inner and what we've been educated to believe is the outer. There is no difference, no separation, no lesser or greater, in the infinitude.

It does not matter what we name or define it, what we believe about it. *All* is God. There isn't anything anywhere but God. The whole universe is God. There is nothing in the world except God. There is nothing in God except God itself, which means there is nothing except God, except truth, *in* and *as* and *being* the entirety of the infinitude.

That leaves nothing over, nothing different, nothing separate, nothing lesser or greater. Infinity is the omnipresence of itself. There is not a speck of the infinitude that is not the entirety of God in full existence, which means the full eternity of existence, the full infinity of existence, the full omniscience of existence, the full omnipotence of existence. God is Self-

complete, Self-fulfilled, finished.

The terms, or the beliefs in “inner” and “outer” are nonsense in omnipresence, in truth. So we wash them out of ourselves. Realize the fact that because God is all, and because God does not have time or space in it or cause and effect in it, neither does what we have believed is the outer, the objective sense, the universe, the world.

The universe does not contain time and space or cause and effect. Why? Because God does not, and God is all.

Isn't this truth extraordinary to hear as we bring a light to it?

Time and space and cause and effect are a magnificent aspect of our three dimensional, objective or corporeal *sense* of God. However, sense testimony in itself is not reality but a *sense of reality*, God.

Unconditioned sense – sense empty of belief – is unconditioned (God) experience.

Unconditioned sense is innocent and impotent and reports truthfully, like a clean window truthfully reports the sunshine.

But the minute we add belief to sense we thrust ourselves into a false, untruthful experience, and then we have to suffer it. All false, untruthful experience is that of belief, and all belief, as we well know, has opposites, good and bad. There is not a single good without its equal bad, and there is not a single bad without its equal good.

Think about that. There is not a single bad without its equal good.

Are we interested at all in the pairs of opposites? Are we interested in the good side of the pair or the bad side of the pair? Not at all. We're interested in being rid of them. Realize that there is nothing wrong with the sense of time and space. We'll always have that sense at this level of awareness. Equally, there is nothing wrong with the sense of cause and effect. Again, we'll always have that sense at this level of awareness. What becomes wrong with these and every other sense is belief. The minute we add belief to sense we've added the pairs of opposites, and now we're in trouble.

Time and space, cause and effect and all they constitute, which is the entirety of the pairs of opposites, are made instantly impotent and innocent – powerless in individual experience – the minute the truth of their non-reality is realized, and we rest in and *live* the true silence of being. We are instantly free of the entire universe of them and their appearing consequences the moment we truly realize and live the true silence of being, the oneness of God in which only God is going on, in which we're only interested in God, in which we're only seeking the God experience *as itself* and *for itself* – not for one or other of the pairs of opposites, not for reason, result, good thing or condition.

You see, by definition, the moment we want God *for* something we have another in mind – a belief – and we've taken ourselves out of God. In God there is nothing except God, therefore there is nothing in God for us to *have* except God itself. When we are in God consciousness within and without we know that having God is having the whole world of good. I think it was Sri Ramakrishna who said, If you had God and all the world as well, you would have nothing more than if you had God alone.

When we know this truth and when we live in and as the true silence of being – which is the true finished kingdom of existence, the silent kingdom, the silence of *is* – then we are free of and immune from the entirety of the pairs of opposites, the entirety of the consequences of time and space and cause and effect. It does not matter if we've been riddled with those consequences for years or decades. We are instantly free of the entirety of them the moment we live the true silence of being, in God consciousness. We are in this world, but not *of* it.

Again, we must know this truth in order to experience it. If we do not know this truth, then we can contemplate God and reach a state of awareness in which we feel a wondrous inner peace or sense of release from the world, and believe we are in God and that we now have, or soon “will” have truth in our worlds. No. This is not enough. We all know it.

I spent years being confused and increasingly frustrated about the experience of peace felt within, and yet the so-called outer not budging. Well, that's not true. It budged, but in the wrong direction. It become progressively worse until I almost couldn't take the fear and pain any longer. We all go through a similar experience. What makes the difference? What changes the picture?

We must know and live the truth. “Know the truth, and the truth will make you free.” Let me quote Lessons Twenty-Eight and Twenty-Nine from *Releasing the Universe Within*. They succinctly capture this truth. Read them every day a good number of times. Sit with them, feel their truth.

LESSON TWENTY-EIGHT

God does not have time or space in it; and because God is infinite-all, nothing of existence including our objective sense of it (“this world”) has time or space in it.

Yes, time and space appear to exist; time and space are an aspect of our current three-dimensional sense of that which is, in actuality, here and now — as the only true, practical, invariable and reliable experience — 100 percent God, one, is-ness, now-ness, instantaneity . . . pure *is*.

Transcend the belief in time and space. Leave them behind just as you left your childhood home behind. Lift into God sense — *is* — and live there. Think there, live there, move there, have your being there; insist that every moment of your existence is awareness of (and activity “out from”) *is*, devoid of time-and-space belief.

Gently and lovingly wash yourself clean of the belief of every person, thing and condition, every place, every amount, every activity (every “reality”) you have accepted as existing in, being an experience of, and being subject to time, and occupying space somewhere in mind, body or universe.

Watch how quickly you experience the release from “this world” ties, struggles, lack and limitation, suffering and pain as you begin to live free of the belief in time and space; for all bondage, struggle, lack, limitation, suffering and pain — all untruth — exist in time and occupy space. None exists in God (*is*).

Exist as *is*, and let *is* exist as you (“abide in me, and I abide in you”), and be free.

LESSON TWENTY-NINE

Now let us realize the same non-truth about cause and effect as we are realizing about time and space.

God does not have cause or effect in it; and because God is infinite-all, nothing of existence

including our objective sense (“this world”) contains cause or effect.

Yes, cause and effect appear to be in sensory experience; cause and effect are an aspect of our current three-dimensional *sense* of that which is, in actuality, here and now (as the only true, practical, invariable and reliable experience) 100 percent God, one, is-ness, now-ness, instantaneity . . . pure *is*.

And let me add, that the apparent existence of time and space and cause and effect in sensory experience are innocent and impotent as long as (and from the moment) we retract *belief* in them.

Transcend the belief in cause and effect. Leave them behind just as you left your childhood home behind. Lift into God sense — *is* — and live there. Think there, move there, have your being there; insist that every moment of your existence is awareness of and activity “out from” *is*, devoid of cause-and-effect belief. I am, I observe, I operate in the world without attachment, without belief, without reaction to that which seems to be.

I know that appearance is innocent and impotent in itself. Time and space and cause and effect are only pictures of sense. They are not real in themselves. Because they are not real they have no power, no influence, no reaction or result in me.

Gently and lovingly wash yourself clean of the belief of every person, thing and condition, every place, every amount, every activity (every “reality”) you have accepted as existing in, being an experience of, and being subject to cause, and being an effect of or in mind, body or universe.

Watch how quickly you experience the release from “this world” ties, struggles, lack and limitation, suffering and pain as you begin to live free of the belief in cause and effect; for all bondage, struggle, lack, limitation, suffering and pain — all untruth — exist as so-called cause and its effect (in other words, as the pairs of opposites in a tug of war with each other). None exists in God (*is*).

Exist as *is*, and let *is* exist as you (“abide in me, and I abide in you”), and be free.

Let these take a good firm root in you, and start to live them. As these powerful truths take root in you the fruitage is abundant, and you’ll find yourself free of the whole time and space, cause and effect circumstance or condition, and experiencing the freedom of spirit.

As you work them, think “out” into your life and begin to realize all the things you’ve

suffered over the years, and perhaps still do now; and all the joys you've had, the happiness, the sense of freedom and sense of love, sense of success you've had as being the consequence of time and space, cause and effect. Begin to realize that if anything in your life was taking place at a particular time, occupied some space somewhere, even in your mind, your body; acted as a cause producing an effect, then it was all nothing to do with God. Therefore, all led to disappointment in one way or another and by one degree or another.

All of it was unreliable, and now you understand why. Equally realize that all the time we have been, even unwittingly, seeking God *for a result*, we have been seeking God as the cause of a hoped-for effect, a God effect. There is no such thing. God does not have effect, so God cannot be a God-effect in our experience.

God can only be God Itself. God can only be the purity of God Itself as and in visible experience. Remember, remember. . . . the whole universe is speaking for us now. Let me give it in the Universe's language.

Remember, remember: There is no difference in *I. I Am* one. Please do not consider there to be any difference in Me whatsoever, no matter how you may describe experience, no matter how you may describe Me, God, the infinitude, the omnipresence, spirit, versus how you may describe your sense of world, your objective sense, your three-dimensional five-sensed sense of Me. It isn't true.

I Am I, only I; and I Am you.

As you look out as *I*, never, never believe there is anything different. There isn't.

There is only the fullness of *I*.

I am the gift of love as you.

I would never, never be able to change Myself because the fullness of *I* is the fullness of the *I*-experience, which is love. Do you see? Love *as principle* can never be different. Love *as principle* can never let you down. Love *as principle* can never make you work for its experience. Do you see that?

The world is *I*. The world does not have the ability to make you work for its truthful experience. That wouldn't be love. That would be cruelty. *I am I*, no matter how *I* am sensed. Sense does not make Me different. Sense is nothing but sense; and sense senses *I* because *I* is all.

No matter what level of spiritual awareness we have managed to attain, *I Am I* – in the same way as, no matter how proficient a swimmer we have become, the ocean is the ocean. We do not have to attain a certain level of what we call “spiritual awakening” before *I Am I* as experience, as form, as mind, as body, as thing, as condition. No matter what level of spiritual awareness each of us have attained, there *I Am* because only *I Am*.

Do you see? If there is only *I Am*, then what does it matter what level of awareness we have attained?

Nothing changes God. Nothing changes *I Am*, so no matter where we are in awareness, there is *I Am*; and *I Am* infallibly, automatically, invariably *Is*, and can only be, because there is nothing else *I Am*.

So no matter where we are in our so-called spiritual awareness, there is the fulfillment of all mind, body and world. The only condition is to *be I am*, which has nothing to do with degrees. Just realize that *I Am the only*. That's it.

This, in fact, is such high spiritual awareness it is all we need. The minute we truly realize that only *I Am is*, then all the rest we can study, listen for and grow into for our spiritual enjoyment and expansion. But you see, once we're in spirit, which means once we're in God consciousness, which equally means, once we know the truth, which is that all is *I Am*, we *have* truth. That's really the only truth we need to know. All is *I Am*. Once we know that, we are made free.

Now, let's lift higher into God consciousness, realizing that in God consciousness, there exists no time or space, cause or effect. Let's sit with this for a minute.

(A few minutes of silence)

Become accustomed to living in this true silence of being, even as you operate in the world.

We can be the very presence of conscious oneness while still *observing pictures* of time and space and cause and effect. We even may even continue to experience what still seems to be pairs of opposites in action, yet we are now unaffected by them. We may, for a short while, still experience in our body what seems to be the continued activity of disease or injury or, in our world the continued activity of lack. Limitation, immorality, injustice, hate, homelessness, or starvation.

But realize the difference between that sensory experience and the truth. In other words, as you now practice the presence of the true silence of being, the true God consciousness, in which there's no time and space, cause and effect, it can take a little while for your sense of their reality to dissolve. Belief is so deeply rooted that it can take a little while to dissipate. *But realize the difference.* Just because it's taking a little while for these beliefs to fade does not mean they are real, does not mean they're still operating in you. They are not. Your seeming continued attachment to them is nothing more than the momentum in a ceiling fan after you have switched it off. As soon as the power is off the fan infallibly stops even though there is a minute or so of remaining momentum.

The minute you truly catch the truth of their non-reality the power of belief is "switched off" and quick freedom is infallible. It takes discipline at first. Have the discipline to live with the conscious realization that there is only God, therefore, even though you may still witness the sense of them, there is no time and space, cause and effect in the universe. Even though they still *seem* to be, they are not operative in your awareness when you truly know their non-reality and have the discipline to stay in God consciousness.

Stay in oneness even with the sensory experience of time and space, cause and effect going on. You catch that? That's the important thing. In other words, truly ignore the sensory testimony. No sense testimony in itself is true.

A sensed thing does not make it real, does not give it power, as long as you are not *giving* it power by your belief in it. You see, you can have a realization of truth, you can *be* that very presence of truth in which you know and are consciously living the truth that there is no time and space, cause and effect, and yet you can still witness what seems to be the consequence of them, even, for a short time, in your own mind or body. But as long as you know the truth, as long as the very core of you knows that truth and is disciplined enough to live it, they lose all power of consequence over you.

Do not get caught up in being disappointed that these beliefs still appear to exist in your life. They do not as long as you do not entertain them, as long as you have the spiritual strength to continually know that even though you sense them, they are not real and they cannot have any effect in you or to you or anywhere in your world; or they cannot *continue* to as long as you are being the presence of their non-reality.

So do not think you are failing. Don't think that you're not in high enough spiritual awareness if you continue to experience what seems to be time, space, cause and effect. You will. You will. But it doesn't mean they have power over you. That's the secret.

We could say that the sun continually experiences the appearance of dark on earth. What happens to that dark as long as the sun keeps being the sun? It dissipates. The dark is proven to be nothing but a lack of light. Just as dark is not an entity, all that appears to lack good, God, is not an entity but only an absence of God awareness. Now you see that that which appears to be the multitudinous consequence of time and space and cause and effect is not entity. It is only the absence of spiritual awareness. So as we continue, come-what-may, to *be* the presence of spirit, the true silence of being, God consciousness, then we witness the dissipating of all the appearing consequences of time and space and cause and effect, just as the sun witnesses all darkness dissipate to reveal the light it is being.

Maintain a conscious state of God consciousness, come what may, despite all appearance to the contrary. Exercise the discipline to stay in God. That's it. *Be* God consciousness. Then we do not even have to take one thought about person, thing or condition, and we mustn't. "Take no thought for your life, but seek the kingdom of God instead." The Master didn't say: Seek the kingdom of God, and then think about everything in your world. No. *Take no thought, take no thought for your life, for your entire existence.* You see, the Master was never speaking of a personal self. Realize that. The Master was not saying to a personal you and me and others, "Take no thought for your personal life, but seek the kingdom of God instead." No. *Take no thought for the entirety of existence,* no matter what we may believe it to be or describe it to be as inner versus outer. Keep your mind in and on God, that's the key.

There *is* only one. There *is* only God. Nothing except God exists, even in and throughout and as all objective or worldly sense. So, take no thought for life; it is already taken care of. We can take the "your" out of the sentence if we want to. Take no thought for existence, the

entirety of life. The inner and the outer are the very same one presence, one form, one visibility, one life, one existence, one God, one good. Take no thought for any person or thing whatsoever, but seek what it all actually *is*, and then never step out of that which all is, which is God.

Indeed, we need not and, in fact, must not take thought for anything of our sensed existence in itself, our minds, our bodies, our worlds; our things, conditions, places, amounts, activities. Forget the lot. They are conceptual images only. What they all *actually are* is God, therefore seek only God and the God experience and you discover that you *have* the truth of all, perfectly visibly.

You see, in seeking God and the God experience alone, we discover that all is illumined in our experience because, by seeking God alone and by wanting only the God experience (never mental, physical or material experience) we are being the very light, substance and form that all is. We are the very god of all once we know that all is God, and live it. Then all is illumined, and we see clearly. And, of course, in seeing clearly, we see so-called healing, prosperity, harmony, peace, justice and so on. The miracles of truth are available to see and to have in the light of truth.

As we continue to live in true God consciousness, we witness the wondrous experience of all the consequences of time and space and cause and effect dissipating. It completely empties from our awareness, and we are almost surprised when something of these supposed forces in existence are brought to our attention. It is often really surprising to us to be presented with a claim believed to be the result of time or space or cause or effect.

Even though we still witness the outer sense of time, it doesn't contain time to us. We still witness the outer sense of space, distance and travel, but they do not register in us as space, distance or travel. All *is now*, very literally. Walking from here to there, even if it takes an hour, does not seem to take an hour. It seems to take only *now*. Distance does not really register in us. It has largely dissipated from our sense, even though we may be walking or driving or flying from here to there. The experience is no longer that of distance, it is one of *nowness*. It is not a time experience but a *now* experience.

When a person says, "Oh, this is taking so long!" or "I wish there wasn't so much traffic on the road" or "I do not have enough time for this" it is a very strange thing to hear. In God

consciousness these statements are infantile because we live in a conscious state of now. We are always happy. We are always fulfilled in the *now* of God consciousness, in the true silence of the finished kingdom, in the deep peace of being.

It the same with cause and effect. What cause? What effect? Only God is, and God is now. Only the finished kingdom is.

So, we observe these appearances, but they have little or no consequence in us, they have no meaning, they mostly do not even register with us for the one reason that we live in a conscious state of now, the freedom of now, the fulfillment of now.

How could we possibly want for any change or difference in the sensed experience itself when we are living the God experience within and without? There is no possible need for change because—well, as the sun could say, “There is no need for me to react and want change down on earth because *I am the light* of the universe. As long as *I am being light*, it doesn’t matter what the pictures may present. *I am I*, and *I am I* not just “within” me, but *I am I* throughout my entire universe, throughout my consciousness, as every fiber of my consciousness at the same time.

There is not one speck of my consciousness that isn’t the fullness of God. So the pictures make little or no difference to me; and as I – here’s the important thing – as I, come-what-may, continue to *be* the presence of *oneness*, the presence of God, I only have to *observe* all untruthful pictures dissipate to reveal truth. “Where the spirit of the Lord is, there is liberty.” But remember, the only way this takes place in tangible experience is when we *be the truth*. That which we are *being* we witness.

I caught that exact note I’d written some months ago for a class. *We must be that which we wish to witness. We must be the truth we wish to witness.* It does not mean that we outline what we wish to witness. *We wish only to witness God!* All truth is God Itself. So we must *be* the presence, the window of or for God Itself, and then – *then* – we witness the form of God Itself as objectively sensed so-called worldly good.

Now, realize this next point in the context of what we’ve heard. In the Universe of the Master, in which to sensory experience millions were healed, the multitudes were fed, the poor in spiritual awareness were comforted, loved, supported, taught; in which those who were

sinning, in Biblical language, or even conducting themselves in criminal ways, the Master saw only as God, and said to each and every one, "Neither do I condemn you."

Neither do I believe what my senses report. I know that anything of sense testimony alone is not truth. You are incapable of doing anything wrong. You are incapable of breaking any law, or of sinning. You are incapable of experiencing disease. You are incapable of experiencing homelessness, hunger, unhappiness, depression, injustice, immorality. You are incapable of being threatened or made insecure. Why? Because the only being is God-being, not personal being. The only condition is God-condition. The only circumstance is God-circumstance. And so, neither do I condemn thee. He or she knows not what they do. They're stuck in the belief in the pairs of opposites, and they're doing their best to survive. There is nothing wrong with that, and there is nothing actually happening even as the activity seems to be taking place. The only thing that is happening is God.

Now then, in the Master's consciousness, the millions are healed, the multitudes are fed, loved and comforted, cared for, taught. All of this is the Master's consciousness out-pictured. All of this is pouring forth as and from the Master's consciousness. All of it is the Master's consciousness objectively witnessed.

He is not *applying truth* to something different from truth in the outer called a human being, a sick, sinning, injured, poor, homeless, starving, or insecure human being or worldly condition. No. He is *being* that which was evidenced as health, as supply, as home, as food, as love, as safety, as comfort. His very teaching is his understanding blossoming as our understanding. Do you see? He is not *applying* himself; he is not applying healing, applying feeding or the multiplication of food, applying safety or security or prosperity or love to an outer being in an outer world that doesn't have these at the moment.

He is *being the inner and the outer of God*. In the Master's consciousness, there is *only* God, despite the millions of sense testimonies that come to him claiming to be something other than God. He doesn't believe a minute of it, or a breath of it, or a form of it, or a person of it. No, only God is.

Now then, "The works you see me do, you also can do, and greater than these you can do." Realize, everything and countless more things that would take all the paper in the world to capture and write down, as we are told at the end of the gospel of John; all the things that we

witnessed wherever the Master was, are the Master's consciousness, the so-called outer formation, the outer life, harmony, abundance, love, wisdom, teaching that are the Master's consciousness on earth – earth as it is in heaven.

The Master did not take account for the appearance. "Judge not by the appearance, but judge righteous judgment." Seek not the things of life. Take no thought for the things of life – remember, not personal life, but life itself, existence itself, eternity itself, no matter how local or personal it may seem to be. Take no thought for these things, but fill yourself with God and then all these *things*, all of that which appears to be un-god-like, are filled with the light of your very inner and outer God consciousness and revealed as truth.

As soon as things are filled with the light of God, they can do nothing but reveal their truth. They are illumined now, and their truth is very, very visible, in fact, much more visible than anything that we would say is materially visible, because the true visibility is infinite, omnipresent, eternal, invariable, unaffected by your or my lack of spiritual awareness.

The Master's consciousness had no one in it to heal. Only God existed in his consciousness, forever evident as individual being. The presence of God consciousness reveals its image and likeness which, to material sense, is seen as healing, feeding, prospering, saving.

The Master did not have multitudes to feed. He had only God, oneness. He had no multitude in his consciousness, no food in his consciousness, and no God separate from multitudes and food. All he had was God, and that presence of God is what appears to objective sense as the multiplication of food to fulfill the multitudes, and equally of money, of health, of love, of peace.

It is the wellspring of living waters, the wellspring of living light revealing the fulfillment of all as long as we do not have separateness in our consciousness, but have only God. Then it is that we witness the miracle of God objectively sensed, devoid of every human law, physical law, material law, every pairs of opposites, very limitation and lack. Only God exists, and when we are *being* the god of all the sense testimony is automatic and infallible.

This is an important Letter; please work with it diligently. Highlight passages that particularly resonate with you, meditate with them and sit in the silence of them. Let them speak to you. Let those living waters well up within and quench your every thirst.

What resonates with you is the tangible fruitage in your individual life, is the form and visibility of that very truth in your experience. You catch that? Whatever resonates with you is doing so because it itself is the fruit of your new good being experienced. Know this, and take the license to select passages from the message that you feel you would like to become more aware of and sit in the silence of.

It is like choosing a sunny spot in a vineyard, laying out a blanket, making yourself comfortable, and simply sitting with the fruit of the vines, becoming familiar with them, soaking in their wonders, being blessed and satisfied by them, and filled with gratitude for God that is them.

This is the way of evidencing God as the boundless fruits of every department of life.

Blessings,
Paul

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