# The Miracle Self MONTHLY LETTER 4 - April 2018 -

# No Time or Space, No Cause or Effect in God

God *is.* Is does not have a single thing in it apart from *is,* apart from *itself,* yet *is* constitutes the entirety of existence as we can name it and infinitely beyond, but is never *of* the named and defined in themselves. Is does not consist of anything other than itself.

God does not have time or space in it. God does not have cause or effect in it. We know that intellectually, but how many times do we still meditate and sit in silence for something that exists in our sense of space, of time, as a cause, as an effect?

## Space

If we hope for anything that occupies space somewhere, we are out of God awareness and we will not have that good thing. We are unable to get it for two reasons. One: We already have it. All good is already established and manifested in and as consciousness. We cannot get what we already have. And two: God does not have that which we're hoping to get, so we cannot get it from God. We cannot get from God anything that takes up space somewhere because God doesn't have anything that takes up space in which to hold it.

If we pray, meditate, sit in silence for something that takes up even the smallest space anywhere, then we have to fail. We're praying amiss, and therefore we cannot have our answer. We cannot have our good because what we are hoping for is nothing but a *concept* of good that we have believed is real and needed to fulfill the moment. And so we are busy failing by attempting such a demonstration.

God *Is.* The only true hearing of a class or reading of a book, and the only true prayer, meditation, and period of silence is that of *I Am, Is is.* Only when we are in the consciousness of *is* can we discern spiritually, can we hear spiritually, can we see spiritually; can we accept spiritually what we're hearing, what we're reading; can we pray, can we meditate, can we sit in silence. Only Is is, and because this is true *I already am* and *have* all that *Is is.* 

Is has only Is in it. Is is infinity. Is is omnipresence. Is is eternity. Is is your reality. Is is my reality. Is is the reality of your mind. Is is the reality of your body.

If you want to understand God, if you want to experience the reality of the truth that nothing is hidden in the mind of God, then understand mind to be *Is*, understand *your* mind to be *Is*. There is only one mind, therefore your mind is that one. Understand it to be *Is*, then watch how quickly everything of God becomes known, becomes visible, becomes immediately available to you as each moment of experience – you who are now being that which all is, which is *Is*. Do you see? Nothing is hidden to that being who is all that *Is* is. How can anything of good be hidden as we are *being* that which all *Is*?

Indeed, nothing is hidden in the consciousness of *Is*. But if we step out of *Is* into a belief in space and a conviction that we need something of good that occupies space here or there, we are out of truth that instant and therefore cannot evidence our true good.

If we believe the sense testimony of injury or disease, lack or poverty, injustice or insecurity, unhappiness or depression (all of which are taking place in space somewhere), and then attempt, through spiritual realization, to replace the bad space with good, we are operating entirely out of God. How then, can God, Good, be evident to us? Good can only be evident to Good consciousness. Our bodies, organs and functions, our minds, things, places, conditions, and amounts are all temporary (sometimes momentary) sense images of God, not God in themselves. So the moment we believe these to be reality in themselves and then, believing we are acting spiritually, go to God asking for their truth to be made evident, we are out of truth because that person, thing or condition we believe needs God exists in space, not in God. If we can name a thing, if we can define a thing, if we can point at it, if we can look, walk or travel to it it isn't God.

#### Time

Equally, God does not have time in it. If we go to God to heal, prosper, pacify, or harmonize anything that exists in our sense of time and seems to need God, we are out of God. In fact, you see, that which we believe exists in our experience at a particular time (that our watches tell us it is), and is discordant, lacking, limited, injured, diseased, decrepit, that is the reason. We believe the appearance of that which exists in time and space.

The minute we believe appearance we've shut our senses to truth. Only when we are empty of time and space, sensing people, things, and conditions without attaching time to them and without attaching space to them, are we in truth awareness. Now, in God – the spaceless and timeless reality where all Good is visible, tangible and ever available to sense – *Is* is revealed — *Is* revealed as *is* — and now we quickly have and see the Good of person, thing, and condition.

Let's take stock of that which you, all of us, would love to see the truth of and yet believe exists in time and space in your experience. Take stock for a minute or two.

Now begin to realize your universe without time, without space – as *Is.* Don't do any magic tricks. You don't need to. Just empty yourself of the concept of time and space. See your universe without time, without space. Forget about yesterday, today, tomorrow. Forget about a minute's time. Forget about things and people in your experience that seem to occupy space, that seem to be a distance away from you, even one foot away. Empty yourself of these concepts, and observe your surroundings as *Is.* Realize that all is *Is.* That's all. There is nothing else to anything whatsoever. All is *Is* because God *is*, and there is nothing else except God.

We observe the images of *Is. Is* looks like a person, a thing, a condition, a place, an amount, an activity, a sound, a fragrance, a taste, a touch. These are testimonies of sense, but reality is *Is*; and *Is* knows how to look after itself, even as imagery. *Is* is omniscience, *even as imagery*.

Remember what we ha	ave.	neara-	-
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All is I am.

I am is not contained within you or within me or within the Master to be given out there to those that are not I am, or to things, conditions and places that are not I am.

All is Is. All is I am.

I am knows how to look after itself, even as imagery, even as sensed being, mind, and body. But we have to recognize only *Is* and *I am*. Then, in that recognition, detach from all people, things, and conditions in themselves. As *Is* or as *I am* we have nothing to hold onto. We have nothing to attach to, nothing to manipulate, nothing to hope for, nothing to believe we need or want because *all is Is*. All already *is* the very presence and form, even as imagery, of God. All is the fullness of God. What could we possibly need or want? What would we or could we attach to?

We cannot attach to God. If we try, we close up the heavenly experience of true sense. "Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven." (Matthew 18:18) Never forget that. It is recognizing all as *I am* or *Is* that frees us in God. "I live and move and have my being in God." Now, because we recognize truth and have freed truth in our experience *to be truth*, God is free in us to live and move and has Its being as us. God is forever the fullness of our being, but in experience, it is intangible and impractical until we know the truth and then let truth live freely in us and through our undivided awareness. We must enable God to have free access to every part of us in order to have and see true good as our tangible and practical experience.

Look out again into your rooms, being empty of time and space. Observe full of *Is* alone.

### Cause and Effect

Let us realize the same of cause and effect. God does not have cause or effect in it. God *is*. God is not cause and God is not effect, therefore, because God is all, we cannot use God to set a cause of good in motion and we cannot experience an effect of good. Yet how many times do we reach for God to be the cause of good in our lives?

How many times we unfittingly fall into this trap, even us good spiritual students who've been in truth for so long.

Every time we go to God *for* something, we are trying to set a God cause in motion so that we may have the God effect. Well, we already have the God effect. We *are* it. We can say that we are the image and likeness of God, the effect of God, individual God being in experience, but these are really the wrong words (as it would be inaccurate to describe the sunbeam as the effect of the sun. The sunbeam is the presence of the sun, and we are the presence of God as individual being).

Only when we realize that no cause exists or is available in or from God, no effect exists or is available in or from God, do we get to that place where we can go to God purely for the God experience itself, without seeking any result or effect.

Yes, let us never forget that as God becomes evident, indeed, to material sense or objective sense, it *seems as if* bad turns to good, old age turns to youthfulness, disease turns to health, poverty turns to sufficiency, starvation turns to nutritional satisfaction, homelessness turns into being housed. But we must not be fooled by these images. It is as important for us not to judge not by the appearance after the evidence of God as before.

Do not just think of the Master's statement as being important before we have the evidence of God. We must always "Judge not by the appearance, but judge righteous judgment" whether the appearance is good or bad. Judge not by the appearance of good where bad seemed to be. Judge not by the appearance of healing, of youthfulness, of love or harmony or peace or prosperity.

We cannot receive an effect from God because God doesn't have effect in it. God is *Is*. Equally, to gain an effect, there must be a cause. But God doesn't have cause in it. God is *Is*. Therefore, it is utterly impossible for God to give us an effect. God already *is*. It is too late for an effect. God cannot give us anything. God *is*.

Now what will we do with all those prayers we've prayed, with all those meditations we've meditated, with all that silence we've sat in when all of them have been an attempt to bring forth one kind of effect or another from God?

God *Is.* It is the presence of *Is* that reveals the miracle of truth, not an effort to bring forth a God effect. Such effort brings forth nothing apart from continued suffering because in making it we are out of God awareness. We have to be in God to witness God. We have to *be that* 

which God is to witness God. We have to be in tune with God, if you like. We have to be the tune of God. It's not enough to be in tune because then we still have two, us and God being God's tune. We have to be the tune that is God in order to witness God objectively, and that tune is Is. That state of being is Is. That state of awareness is Is.

Is awareness is undivided, the inner and the outer. In *Is* awareness we are not fooled by appearance, and not fooled into hoping for a better appearance to replace the bad and the painful. Judge not by the appearance. We must judge not by the hoped-for appearance of good because we'll fail. We must *be Is*. We already *have Is* because I and the Father are one; all that *I* have is yours. "The kingdom of God is inside you and it is outside you." Alright, then *Is* is inside you and it is outside you. So we already *have Is*. All we have to do to see it, to see the truth of being, mind, body, thing, condition, amount, place and activity is to *be* the *Is* that all *Is*. When we are *being* the *Is* that all *Is* we *have* the harmony, we *have* the health, we *have* the youthfulness, the strength, the vitality, the prosperity, the peace, the love that *Is* is, witnessed objectively. But if we're outside of *Is*, wishing for *Is* to bring us a good effect, then we'll never have it.

Take stock of all the cause and effect you've accepted as being real in the world. It's pretty much everything we've accepted of the world, every single thing, condition, state of health, state of being, state of character, state of finances, state of home, family. Everything of humanity and the world in itself is the experience of cause and effect. The belief in cause and effect is so ingrained in us that we have unwittingly sought God as the Supreme Cause from which we hope to gain all the good effect we want or need.

Watch your motive as you seek God. What are you seeking God *for?* There will be the reason for unanswered prayer. We pray and we meditate, and we're attempting to set in motion a God cause. We can prove our motive by noticing our hope for anything good that exists in time and space or as an effect produced by God. In other words, if we want God to appear to us for a *reason*, for a *result* that we can name, for a person, for our friend, our student, our neighbor, our family member, our husband or wife. Do you see? If we want God for anyone or anything, for any reason, in any place, at any time as a good effect, we are completely and utterly out of God. We're not *being Is*. We're being *is not*, and if we're being *is not* we cannot have *Is*.

The only way we can have Is as tangible experience is by being Is as all, not by being Is "in

here" and being is not "out there." We must be Is as all, rest in as and Is, and behold Is in action. This is really the only true prayer, the only true meditation, the only true silence, resting in Is. That's the secret.

It is like resting by the log fire in the winter, feeling the warmth – just resting, relaxing and soaking in the warmth – not wanting the warmth for anything but just experiencing the *is* of the fireplace; or like being with our husband or wife or partner and just resting together in love, not wanting something from our love. Wanting something from love is disgusting; wanting something from our loved one is the most horrible debasing of love. Only a human being could want from love. True love *Is*, so we simply rest in the *Is* of love. We bathe in love for no other reason than the experience of love itself in the same way as we bathe in the sun just for the experience, or as we enjoy the light and colors of a pretty afternoon just for the experience. We do not attempt to grab some of that light and use it for our purposes. Can you imagine watching a person attempting to do that? How disgusting it would be. No, we simply rest in the beautiful afternoon light. We rest in *Is*, bathing in the beauty, the life, the joy, the miracle, the eternity that is *Is*.

This is the only true way of prayer, true way of meditation, true way of silence; and we quickly witness it as being true because the fruits of *Is* fill our earth. Our minds, bodies, things, and conditions are filled with the goodness of God, and all is witnessed as being very good.

How wondrous it is to be free of cause and effect. Watch what happens when you become free of the belief in birthdays representing another year of progressive age and the effects of aging, the coming about of disease or decrepitude, a loss of faculty, a loss of vitality.

Watch what happens in your experience when you lose the belief in abundant or lacking financial causes, successful or struggling business, work or charity causes. We have lived with the belief that we can set in motion causes of prosperity and success or of limitation and failure. We have believed that we are subject to market or economic conditions which can be either the cause of our prosperous or blighted home and business experience. We have believed that we are subject to the mercy of human response or non-response for our career promotions. Those in business have believed that their sales are subject to favorable human response. Hundreds of billions of dollars are poured into advertising and marketing for the one reason of gaining favorable human response and winning customers from other

businesses and brands. In 2017, statistics report that \$591 billion was spent globally on advertising alone. This year it is predicted to rise to \$643 billion, and in 2020 to \$724 billion. For what? To gain what they already have – the infinity of customers – which, as yet, they do not realize they have.

How many times have we believed that there is one or other outside cause affecting our business, affecting our body, our relationship, our family, our finances? No such cause exists. How many times have we believed that we are suffering the effect of a neighbor problem, a business problem, an employee problem, a relationship problem, a family problem, a state or nation problem, a world problem? There are no such causes. Why? Because only God is and God does not have cause or effect in it, so all cause and all effect are false experiences.

Everything that seems to be taking place as cause and effect is false experience. Everything that seems to exist in time and space is false experience. Both sides of each of these have no truth to them whatsoever, no power whatsoever, no ability whatsoever. They are substanceless, formless, and powerless. The entirety of the pairs of opposites, the entirety of belief is made impotent in the consciousness of God. The whole of cause, effect, time and space are made powerless, impotent, a non-reality.

Where does this leave aging? Where does it leave what appears to be financial cause and effect, business cause and effect, economic cause and effect?

Your age is oneness, eternity, never changing. "I am the same yesterday, today and forever." *I am*. God *is*. This is true even in experience, in imagery, in the objective sense because "I and the Father are one." The inner and outer are the same one presence and experience. Even the image and likeness, even the objective sense is the same one God yesterday, today and forever.

God is all that exists. God is not present within yet absent without. There is no inner vs. outer in God which is omnipresence. All imagery, all objective sense, all body, thing, condition, amount, place is God. When we know and live this truth instead of believing that the outer sense is separate and different from God, we are free in objective sense – free in body, in finances, in business, in relationship, in family. We know that all we witness is *I am* and is never separate and different from God because it cannot be.

In the awareness of this truth, we treat all as *I am*. We do not believe we have to manipulate the scene. We do not fall into the trap of sense testimony believing that we need something from the world, from or for our bodies, from or for our businesses, from or for our relationships. We do not believe that we can cause good or bad effect, that we can gain good or experience bad, that good and bad world powers affect our bodies, our state of mind, our businesses, our money, our families, our friends, our students.

I once overheard a teacher saying If only the students would wake up! Well, the *students are awake*; it is that teacher who is asleep. The students are *I am*, and if the teacher does not know that, the teacher is spiritually useless to the students. All the students are *I am* because all that exists is *I am*. A true teacher does not attempt to teach others called students. The teacher, if he or she is a true teacher, is *I am* having a discussion with *I am*. The teacher never attempts to *achieve*. The teacher is *I am* with friends who are all *I am*, sharing truth just like sharing flowers or sharing dinner or sharing a beautiful sunrise. There is no more to it than this for the true teacher. Never is there an attempt to *get* something from the sunrise or from dinner. We are simply sharing these experiences together as one, sharing the joy, the beauty, the love, the *isness* of being gathered together as treasured spiritual family.

You are *I am* and *I* am the same *I am*. I know this and that is why you all reveal God to me. Equally when you know, as you do, that you, me and all people are *I am*, you experience unlimited good from the teaching and from your world. Your spiritual vision and discernment continuously expand, and the fruits of good become ever more visible as each class is given us, as each page of a book is read, and most importantly as we simply gather together as *I am*.

Sit with teacher. That's it. Sit with teacher, not wanting anything, but simply as *I am*, simply as *Is*, bathing in the teacher consciousness, bathing in the light, because, again, a teacher, if he or she is a true teacher, is one with God, therefore is the very presence of God consciousness. Therefore, as you sit with teacher in or as the state of *Is*, you are sitting in the presence of God and you quickly experience all as being very good.

In the state and presence of *Is* you do not need anything. Do not ever believe you need something that seems to be lacking. Drop all that nonsense. Let go of it now. You can. Just tell yourself, "I drop the nonsense of believing that I need something, that I am in some way God deprived." No, you are not. Only *belief* is God deprived.

You are the very presence of *I am*. If you did not exist, God does not exist. It's very simple (as all of truth is). God is the whole of Itself as individual being. If you do not exist, God does not exist. This is literally true, and it is why we each exist eternally as individual identity. Only wholeness exists – omnipresence. The whole cannot have a "part" taken away and continue existing without that part. Either the whole exists or nothing exists. The *I am* that you are and that I am and that all persons are *is itself* and fully embodies all that God is. So do not ever believe that you need something, that one or other form or condition of good is missing from your experience. Do not believe that you or any aspect of your universe is deprived of the fullness of God, Good, fully present right where you are.

This instant and always you are and have the fullness of God – the fullness of good within and as every fulfilled outer form. To *see* it, simply know this truth and rest receptively in a conscious state of *Is. Is* sees itself, and so as you are consciously being *Is* and *resting*, *resting* (because there is nothing you need and no effort you need to make) your eyes are infallibly opened and you see the good that *Is* as your objective sense of it.

Rest with me in *Is,* simply bathing in the presence for the joy of it – not to gain anything, but simply for the joy of sitting in and as God.

(Take a few minutes or longer to sit quietly and openly in *Is. I am* with you as you do.)

In this wondrous glow of *Is*, simply bathing in *Is* for no reason in heaven or on earth, simply *resting* and freely receiving the presence of God in sense, the infinite good becomes visible and tangible as the very people, forms and activities of your immediate experience.

God, Good, *Is* the only existence within and as the outer sense. The "two" are the same holy ground (holy consciousness). Do you see why there cannot possibly be a reason to sit in God? All *Is*. You are *Is*. The I that you are is the fullness of God, even as imagery, even as objective sense. Remember that. Do not lose sight of it for a minute. All that God is and has is you and yours, therefore your very mind, your very body, your very world and all the people, things conditions it constitutes *is* the very presence of God, even objectively sensed.

When we know this great truth it shows up as God-like (fulfillment). But we do have to know it and live it; we have to *be it* within and without. Then it is visible to us, real to us, and practical to us.

As you simply sit in and as *Is*, when you simply sit with teacher, just like sitting by the log fire, sitting in the beautiful afternoon sunlight, or watching a magnificent sunset – just bathing in the *is* of these – you are and have all that God is, this instant. You *are* the fullness of God as that very instant, free of time and space, free of cause and effect, and free of every seeming consequence of them.

Realize that sitting in and as *Is,* individually or "physically" together as we do in classes, for even a few minutes, instantly and then continuously frees your experience of all time and space, all cause and effect.

In that instant of *Is* you are whiter than snow because the experience of *Is* is God evidenced. God does not have time and space or cause and effect in it, so in the consciousness of *Is* neither do you or I. Consciously experienced *Is* is freedom, and is immunity to time, space, cause, and effect. You are free of the entire pairs of opposites this and every moment you are consciously *being* and experiencing *Is*. Freedom does not take time because there is no time in God.

If freedom took time, if there was a separate and different reality to time (and to space, cause, and effect), then there could be reason to believe that there is a process to the visibility and tangibility of truth in experience, that it takes a period of time to dissolve falsity and gradually awaken to truth. But hear it closely: time, space, cause, and effect are not realities but are simply aspects of sense. Without *belief* about these or any aspects of sense, they are innocent and impotent. They are not entities. They have no ability to block or resist truth. Nothing is able to block or resist truth because only truth exists. It is "too late" for something to block or resist truth even if there was something able to (which there is not) because truth is already there before it. "Before you call, I will answer." In fact – and this is the great key – even belief cannot cloud the experience of truth when we ignore it and lift right into *I am* and yield "our I" to *I am itself*. Yielded to *I am*, God is free in us to tangibly be all that God is.

Truth shines unclouded through the senses of time and space and of cause and effect from the moment we live and move and have our being in *Is*. We are free of the entire pairs of opposites – time and space, cause and effect, good and bad; aging, economic ups and downs, human reliance, material limitation, relationship discord, poverty, hunger, insecurity. We are free of the hypnotized state of believing we need God and having to struggle for answers and solutions. The hypnotized state and everything of it dissipate in the consciousness of *Is*. The

days of it seeming as if we were deprived of God are over and we awaken realizing they never actually occurred.

Realize, the presence of God is abundantly evident even as everything of this world (objective sense) as long as we live in and as Is, washed clean of the belief in time and space, cause and effect, good and bad.

You do have to work at washing them out. They are not entities, just beliefs. We are rid of them by the degree we stay lifted in *I am* awareness, ignoring all appearance and realizing that natural aspects of sense are fine and beautiful as long as nothing is believed about them.

It is because time, space, cause, and effect are entity-less that they do not take time to wash out of our system. Our system itself was just a *belief* system, not a container which can hold belief. Our only true system is God, which is *Is*. Get into *Is*, and rest there, and you are instantly and then continuously free of the entire false experience of life. Your body springs up in health and vitality. Your finances flow and your success is written in heaven. Your opportunity, your business, your love all well up and blossom as your one true, glorious and purposeful existence.

In My Universe all is; there is nothing to achieve, nothing to gain, nothing needed or desired. In My Universe, not a single person is deprived of God and God's fullness tangibly experienced. Not one thing or circumstance needs God because all *is* God. All is *Is*. *Is* is where we consciously live. *Is* is where we consciously operate and communicate.

All is *Is*, forever present right where we are. *Is* is forever immediately available to our conscious apprehension. There is no delay because *Is* already is. When we consciously know this and when we consciously live It and consciously rest in and as *Is*, *Is* is instantly available to our tangible apprehension. But if we exist outside of the consciousness of *Is* we cannot comprehend the things of *Is*. In that case, we have to work at it; but what do we have to work at? *Getting back into the realization of Is* and then resting in *Is* for the pure love and gratitude of it, the pure joy of it; the fulfillment of *Is* – resting in and being satisfied with God alone.

Blessings,	,

Paul

P.S. The next major Miracle Self book, *Awareness Itself*, is in line for publication late April or early May. We are working on both the paperback and Miracle Self Books Online editions. Both editions are to be published the same day. You will receive an announcement email.

There is also exciting news for German and Spanish speaking students. The pocketbook *I Am* has been lovingly translated into Spanish and is due for publication this month, and the German translation is being lovingly worked on as we speak and will be available soon!; and more translations are in the works.

My overflowing gratitude is with the devoted students doing all the translation work as well as those doing the transcribing/manuscript work. Many thousands around the world are blessed by the publishing work and we are to continue it at a pace as a major expression of the Miracle Self.

Sometimes it seems difficult to keep up with the speed of *Is.* As we truly open and rest in and allow God to live and animate us by our devotion, emptiness, and receptivity to the infinity of being (our true identity), infinity sometimes seems to rush through us so fast that there are not enough hours in the day to catch up with it. "Prove me now herewith . . . there shall not be room enough to receive it."

But wondrously, as we continuously work to keep "ourselves" out of the equation infinity has its own way of being whole and complete as every sensed form and expression. Hours seem to dissolve into moment by moment eternity, and all is witnessed as being achieved.

As we stay in and operate as the consciousness of *Is*, time, space, cause and effect have no place in which to abide in our awareness. The freedom of *Is* occupies all places of our awareness. Because that which we are *being* is that which we experience, we discover that as we are *being Is*, the dominion of *Is* is experienced as and over all in our world.

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