The Miracle Self MONTHLY LETTER 9 - September 2018 -

The Foundation of I Am, I Have

Dear Friend,

"In heaven there is laid up a pattern which he who chooses may behold, and beholding, set his own house in order. The time has now arrived at which they must raise the eye of the soul to the universal light which lightens all things. With the eye ever directed towards things fixed and immutable, which neither injure nor are injured, these they cannot help imitating. But I quite admit the difficulty of believing that in every man there is an I of the soul which, by the right direction, is re-illumined and is more precious far than ten thousand bodily eyes. (Plato)

If we are to raise ourselves up, in practical awareness and experience, into the spiritual beings we truly are, so that we can say with the Master, I am in the world just like everyone else is, but I am not *of* it, we must understand that spiritual being, truth and its harmonious experience, its ability to heal that which seems to need it, has nothing to do with that which seems to be, with matter.

The *I* that is not of this world is that presence which, to material sense, heals, frees, lifts, comforts, saves, prospers, pacifies, harmonizes. But it has nothing to *do* with humanity or matter.

The reason many students struggle – take years if not decades to lift into truth and be able to see that truth, live that truth every day – is that they still believe that matter is real, or at least, is a temporary reality that needs to be transformed, healed, pacified, prospered, freed. This is

untrue, but if we believe it to be true, then we are stuck at the material level of consciousness and continue attempting to get God to come into materiality and heal it, harmonize it, free it, transform it. It is an impossibility.

"Ye ask, and receive not, because ye ask amiss" (James 4:3) – because we trying to get God, which is spirit, to heal matter, to heal humanity, to heal the physical body, to bring us material success and prosperity; to bring us human love, to pacify human and governmental disagreements; to solve world poverty, starvation, injustice, immorality.

All these conditions and circumstances can, by degree, be resolved at the level of the problem by influencing or persuading human thought, and by manipulating physical or material conditions. But these have nothing to do with God, with bringing forth the *real, true,* and *permanent* good.

God is the only *reality*. God is *God alone* which is spirit and truth, and which has no matter in it whatsoever – no humanity, physicality, materiality, or mentality in it whatsoever.

The greatest work and purpose of the Miracle Self is to free you from the bondage of belief where you no longer need me; where you, yourself, are the living god of your universe, your experience. And so, let us make it very clear that the healings witnessed in the presence of spirit – the harmony, love, health, prosperity, peace, and freedom that are witnessed among men and among material things and conditions in the presence of spirit – are not achieved by attempting to bring God into humanity or matter. Hear this until you are sick of hearing it; hear it until you no longer need to.

We cannot bring truth into what seems to need it; we cannot witness truth healing what seems to need it. *Meditate with this statement until the truth of truth shines brightly as your reality.* (a student's note)

Truth *is*. God *is*. This realization is what is required.

The *is* of truth *realized* evidences itself.

Truth *is;* the finished kingdom *is*.

We must realize that there is no other existence but the finished kingdom of God, good.

Everything that seems to be different from God is simply corporeal sense *believed to be reality* in itself, believed to be an entity of either good or bad in and of its own self.

As Einstein said, a problem cannot be solved at the level of the problem. You cannot bring God to the level of the problem (the level of believed reality) and have it operate or be evident there.

Our entire work is to realize that *only God is;* that God is the infinite, therefore existence is nothing other than God; and that God is omnipresent, meaning that every point in the infinite is the infinity of God.

We must realize that God is *consciousness* and is omnipresent at every point of itself at the same time (at every point of the infinite at the same time); and that consciousness is, of course, fully and invariably conscious of itself. (Consciousness would have to be *unconscious of itself* to be invisible, unreal, impractical, intangible. Of course, God cannot ever be unaware of itself.)

Consciousness is all there is to visibility, consciousness aware of consciousness, thus the only one, God. (a student's note)

God is fully visible, real, alive, tangible, practical here and now; and because God is the one life, *you* are that one life, *I* am that one life, all life is that one life. All life is the infinitude of life, the omnipresence of life, the fully aware, fully visible, fully real one life. And because there is no such thing as unembodied life or unembodied God – unmanifested, undemonstrated God – the visible experience we have of mind, body, and world *is God*. Nothing exists that is separate and different from God even though appearance testifies to it.

The only embodiment there is, the only form there is, is God. God is the heavens and the earth and all the host of them (Read Genesis 2:1-5.), and God is complete, perfect, self-governed, self-whole, self-visible. There is no incomplete God. There is no sick, diseased, injured God. There is no lack or limitation, injustice, immorality, starvation, inequality in God, and because all is God, none of these exist, period. Only God, good, exists.

The very minute we accept a belief about anything whatsoever, we have separated ourselves in sense (never in reality) from the God that all actually is.

In belief, because belief *is* separated sense, we cannot see the God that everything is, the unconditional good that everything is. The very minute we fall foul of belief, we not only experience pairs of opposites (because every belief has an opposite), but we *are being* the pairs-of-opposites consciousness.

The minute we accept anyone or anything as being something other than or different from God, we are under the mesmerism of belief, and we have to suffer it to be so.

Let us be equally clear that from a state of belief – which includes everything of the personal sense of self; of the belief in matter, in humanity, in mentality, physicality, time and space, cause and effect, temporality; the entire universe of opposites; the whole dictionary of definitions, both the roughly quarter of a million direct definitions and roughly the three quarters of a million indirect definitions; everything, everything that we can describe as our life, our race of beings, our world, our universe – from this sense or belief, God is not available to us. We cannot experience God from or among belief.

"Thou canst not behold me with thy two outer eyes. I have given thee an inner eye divine." (The Upanishads)

"Look unto me, and be saved, all the ends of the earth: for I am God, and there is none else." (Isaiah 45:22)

"It is the spirit that quickens; the flesh profiteth nothing." (John 6:63)

"I will look unto the Lord; I will wait for the God of my salvation: My God will hear me." (Micah 7:7)

"I, if I be lifted up from the earth, will draw all men unto me." (John 12:32) I will draw or will see the good of all men, all form, all of the universe unto my awareness. In other words, I will be able to see clearly as I be lifted up from the earth, from material sense, from belief.

Just a grain above human sense is you, your mind, body, and world of earth as it is in heaven. You do not have to struggle to experience your good. You do not have to wait. You do not have to study for years or decades. You do not have to labor for your good. Why? You are the god of your universe (your consciousness). The very *I* of you, which is your infinity, your universal experience inclusive of all form, *is* God, *is* the finished kingdom, *is* heaven and earth and all the host of them – finished, perfect. All we have to understand is that God (good) *is*, and lift into spiritual consciousness, the incorporeal consciousness, and leave all "else" – all apparent humanity, mentality, physicality, and materiality – alone.

You do not have to consider the personal sense of you and its experience. You do not have to consider a material or a physical condition. You do not have to take into the problem you face into thought. You do not need to mentalize about it or treat it in any way. You do not bring "bad" into mind in order to make it "good." *You leave it entirely alone.* You leave the whole of belief, the whole of the personal self, the whole of materiality behind, and you lift into spirit, lift into the incorporeal, realizing that *that* is what God is, that *that* is the *I* of you, realizing that when you have lifted into the incorporeal, God – your immediate good – becomes tangible and visible to sense.

Nothing is hidden in the mind of God. The mind of God is *incorporeal*. God is spiritual, incorporeal, therefore nothing is hidden in *incorporeal consciousness*.

The mind, body, and universe of God is spiritual, incorporeal. Only when we have lifted from personal, material, structural sense to incorporeality do we experience God. There – in incorporeality – all good is, and we witness it "through" our objective sense as what we call human, material good.

Nothing has been healed, and nothing needed to be. Nothing has been transformed, pacified, prospered, harmonized, and nothing needed to be. In spiritual consciousness, God is evident because spiritual consciousness is what God *is*. In spiritual consciousness, the good of heaven and earth and all the host of them are visible and real to us *because we are being what it is*. All is the blessed and sanctified all-ness of God, the all-ness of you, the truth of you, the freedom of you, the eternity of you perfectly visible, perfectly conscious, alive, real, practical.

The moment we find ourselves thinking about ourselves, our body, our world; the moment we catch ourselves entertaining the problem, suffering the problem, we must remember that we are again caught up in belief, and that the *one* solution is to lift up out of belief. As the Master has told us, "Take no thought . . . In such a moment as ye think not . . . As I be lifted up from the earth." Do you see?

The *Tao Te Ching* tells, "Make use of the light, returning again to its source; Thy body shall be free from calamity's course, and thou shalt train with the eternal at length."

And this from Cyril, Bishop of Alexandria. "If there then be any incorporeal I, let it come forth from the body and to the vision of the beautiful. Let it fly up and be lifted into air, not figure, not body, not ideas seeking to contemplate but that rather the maker of these, the quiet, the serene, the stable, the invariable, the self, all things and only the one, the like to itself, which neither is like to another."

As we are lifted into and start living as the incorporeal, the god of our experience; as we start *being* the light of the world – not light *to* the world, but *the* light *of* being, *the* light *of* mind, body, and world; as we know that *all* is God, not God within and yet mental mind, physical body, and material world without – that is when we witness it.

Living in twoness is no way of living as the god of your universe, living as truth, and it is certainly no way to evidence truth.

In belief, in this divided consciousness of God in here yet humanity and matter out there, it is impossible to evidence God. We are blinded to God, to the good that is, if our consciousness is divided. But when we are *being the light which recognizes nothing but light*, when we are *being the very I* that God *is*, that recognizes nothing but God as all of all, then that light we are *being* lifts and transforms all in experience. We have not believed it as being an entity in need of God, different from God, separate from God.

We have recognized it as the one entity that *God is,* the one *I* that *God is,* that we and all are – the one omnipresent fulfillment of God, the finished kingdom of God. This is the consciousness that *to appearance* transforms, heals, prospers, pacifies, harmonizes, but no such thing is taking place. *The consciousness of oneness sees itself, evidences itself.* When we know and "see" nothing but *I*, nothing "else" is blocking our sense, and God is made evident. That is when, to material sense, bodies heal and the world transforms.

"And it shall come to pass, that every thing that liveth, which moveth, whithersoever the rivers shall come, shall live: and there shall be a very great multitude of fish, because these waters shall come thither: for they shall be healed; and every thing shall live whither the river cometh." (Ezekiel 47:9)

Everything that touches God consciousness is revealed as Godlike, is evidenced in the most real and practical way as having the nature, character, and quantity of God. But remember, it is *only God that sees God*. Only a God state of being sees a God state of experience. Only *I* as *God-I* (which has nothing but God in and as its universe) has the *experience* of *I*, *God*.

Are you and I responsible for healing, for transforming matter? Is Jesus or Gautama or any of the great prophets and seers? No; and if we continue to believe that we are responsible we continue to suffer; we continue to live in the prison of belief.

Only God is. We have just one responsibility, and that is to lift ourselves into the living consciousness of God and then let God live our lives.

How do we lift ourselves into and live as God consciousness? The Master gave us the two greatest and only necessary commandments or principles of truth.

"Love the Lord thy God with all our heart, with all our soul, with all our mind, and with all our strength." (Mark 12:30) How do we love God? We recognize, worship, and serve nothing except God. We *insist* on it. We refuse to accept belief. We refuse to work among and serve belief. We refuse to attempt to heal, prosper, pacify, or harmonize belief.

We refuse to accept bad and be tempted to transform it into good. We leave the entire universe of believed good and bad alone and use every breath of us to lift into a God state of being – the incorporeal state of being – where nothing of matter is left in us, nothing of humanity is left in us, nothing of belief is left in us; where only God exists in us, where only God is alive as our consciousness, where we are full of God and nothing other.

And the second commandment or principle is "Thou shalt love thy neighbour as thyself." (Mark 12:31) Then the Master says, "There is none other commandment greater than these." (Mark 12:31) Think about that; it is the most profound statement.

Loving our neighbors as ourselves is recognizing all as the presence and life of God. Love your neighbor as I AM. Whether good or bad, healthy or sick, rich or poor, safe or threatened *in appearance*, we must recognize and *love* all people, things, and circumstances as I AM – as being the very presence of God.

Absolutely all of all is God, therefore whatever we observe is God even though to appearance it may seem not to be. Our work is to continuously lift above the appearance into a higher state of awareness. We must maintain God awareness, incorporeal awareness, ignoring appearances altogether, and then resting *there, feeling* God taking place, feeling God being everything everywhere, resting in the secret place of the Most High simply beholding God in action, revealing its image and likeness where there seemed to be a lack of God.

It does not take a lot, it really does not. Why? The kingdom of truth already *is*. We do not have to *make* it so. All it takes is *realizing* that it is, *realizing* that it is fully visible, fully real, here and now *in and as the incorporeal state of awareness*.

A number of years ago, in the *Healing of the Body* class, we had the wonderful metaphor of rising in an elevator from the ground floor to the penthouse, or rising in a hot air balloon above the earth and experiencing a magnificently greater vista unavailable to us from the ground.

We cannot have the higher vision if we stay on the ground. We cannot have the freedom, the beauty, the higher views of earth if we keep our feet chained to the ground. We have to rise above the trees, cities, and hills. At this higher altitude, we have the higher view; we cannot expect it from lowland.

In this way, we have to rise from the lowland of human, mental, physical, and material sense, into the altitude of spirit. Releasing ourselves from "this world" is releasing the chains that have kept us bound to earth. Do not be afraid or hesitant to let go of everything you have believed is real about yourself and your world. It is all simply a low sense or vision of what you and your world actually are. You are the infinity of being! You are and have the freedom of heaven on earth. Letting go of false sense does not put your health, relationships, business, or supply at risk; it opens them to the infinity they all are here and now.

Leave "this world" completely alone. Our involvement is unneeded as far as its reality is concerned because it is only the finite corporeal sense of the infinite incorporeal it truly is. The material (finite, corporeal) sense of the real is good and true *as long as we do not believe it to be real in itself*. When we free it of belief, knowing that all is God, then the corporeal sense is free to be evident as the God it is. In other words, its limitlessness is free to reveal itself when we do not place limits on it.

Rise into spiritual awareness, into the incorporeal. Be so conscious of *incorporeality* that corporality is of no reality to you; that it is just the imagery of life, but not life itself.

The Objective Sense of God

From this elevated state of awareness, realize that our objective sense of God appears as earth and its people, places, things, and activities. We have an objective sense of spirit and truth, but that does not change God.

Everything we observe is the very presence, form, and infinity of spirit and truth *but we have not known it*. Our *unknowing* has been the only problem we have encountered. This is why knowing the truth – living as and by the higher altitude of incorporeal consciousness – makes us free. "Know the truth, and the truth will make you free." (John 8:32)

God is all within and without. All is unconditioned and unconditional God because nothing can condition God.

In incorporeal awareness – the lifted state, the divine state of awareness – we observe form as incorporeality sensed corporeally, and so we know that all form is God.

"The heavens and the earth and all the host of them" are the one presence of God, and "God saw everything that he had made, and, behold, it was very good." All, no matter how objectively we sense it, is God. As long as we observe ourselves and our world from withinout – from all being incorporeal, sensed corporeally – we are free in God, and we witness earth as heaven. But if we sense outside-in (if we attempt to bring God down to earth or bring God attributes to person, thing, or condition) we fail, and witness earth as degrees of good and bad.

In Genesis 2:1-5, we hear that God blessed and sanctified the heavens and the earth and all the host of them. It takes just a grain of true and consistent incorporeal awareness to experience freedom in spirit – freedom from lack, limitation, disease, injury, poverty, injustice, insecurity, unhappiness. Do not believe that it takes a great feat of spiritual mastery to evidence God here and now. Never believe that you cannot be free of every untruth this day, even of what is deemed to be fatal disease, and even if materia medica has given you just hours to live. Do not believe it. It is not true.

God is the only truth of you, and you can evidence that truth this hour if you will just leave belief behind. Stop thinking about what seems to be, and lift into the incorporeal. Once you have achieved it, *rest* and let God *be God as God is* as everything you are and experience. God consciousness – the feeling of God taking place within – is reaching and illuminating absolutely everything in your life, everything in your universe; *is* everything of you, *is* everything of your universe.

Everything of you is being transformed in sense as you simply sit still and receptive, *feeling* the presence and activity of God within, and then beholding the image and likeness of God revealing itself as the health, harmony, and abundance all in your life.

Your good has been present all the time. But now, as you have lifted yourself into the incorporeal, into God, and *rest there in God*, knowing that all *already is God* and is God's responsibility, not yours (and knowing that God does not need an assistant named you or me), simply *beholding God reveal itself* as your body and world, you experience your freedom. This is all you need to do this hour, to *have* God (your good) this hour.

"Behold, I make all things new." (Revelation 21:5)

"Return unto me, and I will return unto you." (Malachi 3:7)

"Turn away your faces from all your abominations," (Ezekiel 14:6)

"I have given thee an eye divine with which to behold my power [my presence]." (The Upanishads)

"The eye of the soul which is literally buried in an outlandish sloth is by right science lifted upwards." (Plato)

This is the work, my Friends; and this is the secret.

If you will remember this, if you will work every hour to keep free of belief, to leave everything that seems to need God on the table and to use every breath of you – your heart, your soul, your mind, your strength – to lift into and stay in the incorporeal consciousness, you will witness miracles of good happening all throughout your life.

Finally, if you are ever stuck as we go forward now, and have forgotten *why* you are stuck, *why* God is not evident in your experience, turn back to this class and rediscover that it is because you are trying to make God evident among belief. You are trying to get God to harmonize matter, to heal the physical body, to prosper material business, to increase material dollars, to make grater love evident among human relationship. In doing so, "Ye ask, and receive not, because ye ask amiss." This is the one reason ye receive not.

Forever leave everything that seems to need God on the table. Lift *up* into spiritual consciousness, into the incorporeal. Know that the corporeal scene is simply a *sense* of God and is nothing different from or separate from God itself. All is God and full *of* God. All is and has all that God is and has. Then you are in the incorporeal state of existence, the God state of awareness, and *you* are and have all that God is and has, and you quickly bear witness to it. You have attained the *I am*, *I have* consciousness, and you witness God everywhere you are and *for* all in your consciousness.

Thank you. Thank you, my Friends. We have wondrous and miraculous places to travel together and it is the greatest privilege to travel with you.

Blessings, Paul

P.S. The new Miracle Self book *Acts of Awareness* is scheduled for publication end of September – both as a paperback edition and free at <u>MiracleSelfBooksONLINE</u>

A pre-publication release of the first chapter *An Act of Awareness: Releasing What Seems to Be* is to be sent next week to all who are on the <u>Book List</u>.

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