

The Miracle Self  
MONTHLY LETTER 15  
- August 2019 -

“I Am”

August 14th, 2019

Dear Friend,

In less than eleven years we have had over fourteen hundred Miracle Self classes. I have always tried to make each class self-complete, and each class more than the last in spiritual value. Each class builds on the last. I think all of us who have been together for many (if not most or all, as some of you have) of these classes would agree that each class takes us deeper, higher, and indeed is self-complete.

This is achieved by the degree that I can be empty of self, a nothingness, and for the hours leading up to class be in silence, not desiring a message, but just listening to whatever presence or God or Awareness Itself is speaking as and through me. This is what leads to the deeper classes, the higher classes each time.

I want you to know this only because many of you do not have the opportunity to attend all of the classes. Please realize that what we are going to hear this weekend is indeed higher and deeper than any previous classes we have had and is most definitely self-complete. So if you never attend another Miracle Self class, please know that what we are going to have this weekend contains everything you need.

Work with these classes; meditate with them; certainly take notes. Write as much as you want to about what you are hearing. Writing is a wonderful way (probably the best way) of having truth register within. So feel free to make your notes; write whatever you want to about what you are hearing, and then most importantly, sit in the silence of Awareness. Be a nothingness of self and let Awareness itself, Consciousness itself, God itself simply be

what God is *as itself* as individual you.

God has nothing to do with what we believe about God or what we believe about ourselves and what we need to fulfill our lives. The more we know this and then make our sense of selves absent, a real nothingness of person, of mind, of body, and of world, and simply sit as an emptiness, bearing witness to whatever God is as itself as individual you and individual mind, body, world, and affairs, the more you witness the infinity of being, the omnipresence of good, the one power, the one law operating throughout you and your universe.

This is the miracle of God; this is eternal life; this is youthful, purposeful life, and healthy life; this is true love; this is infinite supply, infinite abundance, infinite resource forever right where you are and immediately apprehensible at whatever level of awareness you happen to be cognizant of today.

### Levels of Awareness

Your level of awareness does not limit God. Your or my level of awareness is not a power; it cannot block what you truly are and what I truly am, which is the very individual presence of infinity itself, omnipresence itself, omniscience itself. Think about this — omniscience, the infinite intelligence, the all-wise, all wisdom of creation itself, of God itself; omnipotence, the one power, the one law, the one principle; omnipresence, the presence of all that God is existing at every point of the infinite at the same time — nothing can block these truths because nothing but these exist in reality.

God is the only life, the only being, the only power, the only presence, the only substance, the only mind, body, thing, condition, place, activity, amount. Nothing can block these, so please never believe that you are not spiritually aware enough to experience your instant good, your instant fulfillment of being in all the categories of life—this hour, today, and forever. I am sure we will hear more about this and dispense with these beliefs that do much damage to our here-and-now experience of fulfillment. Belief, including these beliefs, have no foundation, no power whatsoever. Please know this, and realize that whatever good you need is immediate, tangible, and right where you are this day.

This message is certainly going to be deeper, higher and purer than we have heard. Each class is deeper and higher than the one before it. I have done my work; I am now sufficiently absent. The Voice is here — not Paul, but the Voice — and this guarantees the height and purity of the message.

Of course, the more letters you receive and classes you attend, the quicker truth takes root in your consciousness and you awaken faster, yes, but if, for whatever reason, you are unable to attend an ongoing number of classes, then work deeply with these letters and you will find your fulfillment in them.

### The Great Key to Awakening

Everything we are going to hear this weekend, everything of the truth of individual being, everything of the fulfillment of being *already is*. You already are and have every word of God and every form of fulfillment we will hear about — and infinitely more.

Awakening to your fulfillment is not about adding forms and conditions of good to your life. Hear this well. Do not study these letters as if you do not already have what they are speaking of. You *do*; you are the very presence of fulfillment because you are the very presence of God in individual expression — your mind, your body, your world.

Your *I*, your consciousness, your Awareness Itself *is* God and all that God is and has. Your *I*, your consciousness *is* infinity itself. It always has been, but you are are not *aware* of it until you wake up and realize who *I am* — not your human sense of I but I AM itself. The human sense of *I* is a very foggy sense of the one I or I Am.

Humanity is not separate and different from God except by belief. The human sense of *I* certainly doesn't appear to be infinite, doesn't appear to be God and of God. It appears to be very human, temporal, of a particular age, of a particular character, quality, nature, education, position in the world, and so on. Worst of all, its mind, body, and world all appear to consist of both good and bad people and conditions battling against each other.

This is our sense of *I*, our belief about *I*, but none of this has any truth or reality to it. So let us realize right now that your true *I* is God, *is* Awareness Itself, and because it is Awareness Itself it is fully aware *of* itself. That awareness includes the visibility, the tangibility of constant and immediate fulfillment of being. Nothing about you, nothing you are doing, no place you may be, no thing, condition, or amount is anything but the infinity of God or Awareness Itself or fulfillment itself.

All is Awareness Itself, and Awareness Itself is infinity, is omnipresence, is the one power, is omniscience; therefore, everything *of* Awareness Itself is this truth, is infinity, omnipresence, omnipotence, omniscience. What you are aware of and what you are aware

*with* is all Awareness Itself. All of existence is Awareness Itself and because this is true, all of existence is *of* Awareness Itself, having the very same substance, form, quality, nature — that being infinity, omnipresence, omnipotence, omniscience.

Think about this!

Nothing is finite, local, or temporal. Awareness cannot be finite, nor local, nor temporal. Awareness is universal. If it was not we would be unaware of our universe. We can *focus* awareness on a particular person, thing, or activity but focus does not shut down our awareness of the universe or the world around us. Our awareness is infinite and remains infinite no matter how we “use” it to focus on each other, our homes, our businesses, and all the other details of everyday living.

Awareness cannot be unaware or absent of itself. And because Awareness is fulfillment, there is no such thing as an absence of fulfillment. Awareness is omnipresent, therefore fulfillment is omnipresent. Keep in mind: what we are aware *of* is Awareness Itself and what we are aware *with* is also Awareness Itself. All is one; all is infinity; all is omnipresence and omnipresent right where you are.

Infinity is within you — “the kingdom of God is within you.” (Luke 17:21) Nothing is out there. Nothing is separate or different from the very you you are, the very Awareness Itself that you are, that you are being aware *with*. Do you see?

You are the center of Awareness Itself as far as you are concerned, and therefore your whole universe and all it constitutes *is* Awareness Itself and is *of* Awareness Itself, which is infinity, omnipresence, the one power, omnipotence, the one law, omniscience, the one divine intelligence, the all-wisdom. Of what? Of fulfillment, of God; therefore, nothing about you is separate or different from Awareness Itself, nothing of good can be absent at any moment or place.

It does not matter whether we are speaking of mind, body, business, money, home, family, or world. Nothing of perfect good, perfect fulfillment, is separate from you, apart from you, different from the very Awareness Itself that you are.

So please realize this: you cannot get anything including knowledge. You cannot learn anything. It seems as if we learn, and that sense is fine as long as we realize that actually, what we seem to be learning or gaining in truth is not learned or gained at all, rather it is awareness *opened* in us. Knowledge and things only *appear* as if they are coming from an

outer source or as an outer good.

Knowledge can appear to be coming from a book or a teacher or some outer discovery, but all knowledge flows out from within the essence of being. Knowledge is our very own *I*. *I* is omniscience, and as our awareness of *I* opens more and more, we discover the magnificence, the immediacy, the infinity, the omnipresence, even the miracle of *I* as every thing, place and form of our experience.

### I Already Am and Have

Realize that you are already fulfillment. “That which I seek, I am.” (Joel S Goldsmith) No matter what I seek, I already am it and have it. Every word of truth you hear, whether it appears to come from a book or a teacher or this letter, is flowing into your conscious awareness from within you. Your awareness is opening and discovering more of the infinity of truth that you eternally are and have. And because truth — the word of truth, the realization of truth — and its form are one, the moment you hear it, you have it as visible form.

Do not believe that the hearing (the realization) of truth and the form of truth are separate and different. If you do, that believed separation and difference will be your experience and you will continually miss your good. Do not believe it anymore. All is one; truth and form are one and the very same experience, experienced at the very same instant. If you are hearing — realizing — the truth message in this letter, you also — right now — have its form. *Truth and form are one and inseparable, indivisible.*

Let us sit with this for a few minutes to give it space to be experienced. Rest; be gently receptive to your withinness. You may feel some of the truth we have heard coming up again in your consciousness. Do not try to “do” anything with it. It is already established within you. It is *already what you are and have*; therefore, its forms are already right where you are, right where they are needed in your experience. All you need do is rest and freely receive the visibility of your good, freely bear witness to whatever God is as itself as you.

(A few minutes of silence)

### Two Aspects of Experience

Without the fundamental understanding of the two aspects of experience — the nature of God and the nature of experience (the nature of this world) — truth does not register

within and cannot be evidenced. We can study forever but we will struggle to evidence truth for just as long as we fail to grasp these two core principles. So let us hear it now, and then from this point onward truth makes sense and is quickly demonstrable in all categories of life.

Let us open up and really hear this, deeper than we have ever heard it before. Let us take it to heart.

First, God is what existence is. All of existence, all the infinity and omnipresence of existence, all the eternity of existence is God or *I* or consciousness, and is one hundred percent within you. Nothing of existence is outside of you. Nothing of existence is different from you — different from the consciousness you are, the *I* that you are.

Now hear that. Everything of existence *appears to be* separate and different from you, but all of existence *is* you, and is *within* you. The kingdom of God — the kingdom of the infinity, omnipresence, and eternity of all that exists — *is* you, *is I*, *is* consciousness, and is *within* you.

This is easy to illustrate. You would never say that your awareness is out there somewhere, separate and different from you. No, your awareness is right here, not only *where* you are but taking place *as* you. Your awareness is your very being, your *I*, your consciousness.

Every prophet and mystical poet gives us the same truth. “I will never leave you nor forsake you. . . . I am closer to you than breathing, nearer than hands and feet. . . . Fear not; it is I. . . . Son, daughter, you are ever with me [with *I*, with consciousness], and all that I have is yours.” There are hundreds of such truth statements from the discernment of the prophets, the sages, the mystics and the mystical poets telling us the same omnipresent truth of life: the kingdom of infinity is one and is within you. All exists as and within consciousness. That means that I and you are one, that you and I are one, that you and I are our universes.

We are not speaking of personal selves, we are speaking of the truth of being. *I* and you are one. And because *I is* the infinitude, *I is* God, Awareness Itself *is* God, all that you are aware of is that very same *I*, *is* God, *is* Awareness Itself. And where is Awareness Itself happening? Out there, separate and different from you? No, right here *as* you.

So that which you are aware *of* and that which you are aware of it *with* is all Awareness

Itself happening *as itself as you*.

You have a magnified “outer” sense of the whole of infinity that is within you — the whole kingdom of God, the kingdom of one good, one fulfillment, one presence, one power, one form, one activity, one amount, one visibility, one reality, one tangibility. All of this is not what it appears to be but is *I* or Awareness Itself.

We come back to our first statement: only God is; only God exists. All of existence is God — nothing different, nothing separate, nothing less. We read in the opening verses of John that all that exists is God. “All things were made by him; and without him was not any thing made that was made.” (John 1:3) If it exists, it is God or Awareness Itself. The very form that appears to be out there — separate, finite, limited, of a particular material, quality, character, position on earth and so on — is not what it appears to be. It is the very presence and sensed form of God itself, infinity itself, Awareness Itself, omnipresence itself.

When we look “out” and see a stone, a blade of grass, a flower, a color, a mountain, when we hear a sound, when a flavor touches our taste buds we are experiencing God at our conceptual level of awareness. God does not have these things in it, but we have them in us. We have an infinite variety of concepts of the infinite variety of idea that God is. All is infinitely more than it appears to be. All is infinity itself and all, no matter what the form seems to be, is continually and freely giving of its infinity. A flower, a stream, an ocean, a dollar bill, a truth statement — all is infinite and all is unconditionally giving of its infinity to you.

Let us understand this. Keep in mind that God is consciousness or Awareness Itself. Can you find an end to your awareness? No, Awareness is limitless, and Awareness is omnipresent. In other words, Awareness is all that God is and has as every point of infinity at the same time. No matter what concept we have of God — no matter whether we are seeing a person, thing, or situation — it is the whole of God, the whole of infinity. And because God continually gives of – IS – everything it is and has, all form is giving of the infinity that it itself is. A dollar freely gives of the infinity of dollars, food freely gives of the infinity it itself is, a flower freely gives of the beauty, the color, the fragrance it itself is, your family freely gives of the infinity of love and harmony that it itself is as an individualized idea of God. Every idea is infinite in its nature and form because every idea is God.

But we have to be in spiritual awareness to witness the free giving of form. Material

awareness cannot witness it because it is not the forms in themselves that give. *I*, or Awareness Itself gives — IS. We witness the infinite good of God objectively as the wondrous infinity and variety of form, of life, of person, of thing, of condition, of amount. Do you see?

All is infinite, so whatever we describe as being he, she or it “out there” is actually just one objective *sense* of the infinite variety of life that God is — of thing that God is, of place, of sound, of taste, of color, of activity that God is. All of it is actually *I* or Awareness Itself; therefore, the amount of good you witness in your world is the amount of God you are aware of and bear witness to in imagery of forms and details in your world.

This is the first aspect of experience to realize. It takes some work to truly realize that the whole seemingly outer universe is actually right here within and that you are simply having an objective, magnified “outer” sense of it. Even though it may take what seems to be a long time to realize, do it, my friends, do it. It opens up infinity for you. The moment you realize it, you have that realization as the tangible experience of all of your so-called outer form, activity, amount, place and person. So work on it, meditate with it. It is a glorious meditation to carry around with you twenty-four hours a day and its rewards are rich and everlasting.

This first aspect cannot be reliably evident without the second aspect also being fully realized. Unless we fully realize this second aspect, we are in trouble, we are still in chains because without this realization, we are tempted to work on bettering *things* out there — healing the physical body, prospering the business, the home and family finances, harmonizing, pacifying our outer world. Well, there is no outer world; that is why when we attempt to do improve it, we fail.

The only world, the only existence is this one “in here.” The kingdom of God is within you.” All our work has to happen here within. When it does, watch the miracle that quickly opens up as your so-called outer experience, as the image and likeness of your now realized truthful identity, truthful *I*.

If God is true, if God really does exist, if God is the only reality, the only existence, the only person, mind, body, universe, and if God is good, if God is fulfillment and nothing but utter fulfillment, why does our mind, our body, our world consist of both good and bad?

If God is infinity, eternity, why does everything of ourselves, our bodies, our worlds



appear to be finite and temporal? Why are we born only to live a short span of life, and then die? Why along that journey do we tend to become tired, old, decrepit and then dead? Why do we struggle with money, with success, with happiness, with the freedom of being, the freedom of expression, the freedom of love? Why does love keep letting us down? Why does life keep letting us down? Why does business keep letting us down?

We all start work, or we inherit or start a business or charity with good intentions and high hopes for it, with innovative ideas for it. Yet how many times do we find ourselves struggling or failing?

Do you know that after three years, six out of ten new businesses have already failed, and after ten years, only two out of one hundred still exist.

Why is this true? Now hear it please, very deeply: it is because that which appears to be, if believed to be real — both the good and the bad of it — is one hundred percent the product of or the experience of collective hypnotism, not reality. We are hypnotized in belief. You can imagine a hypnotized person on the stage with a hypnotist, responding to the hypnotist's suggestions.

Now, collective hypnotism is what has been called the devil or Satan in scripture. What it is is belief, and because every belief has an opposite, the moment we unwittingly accept this hypnotism (this suggestion of a believed self, a believed mind, a believed body, a believed world), then absolutely every detail of these is now in our experience of both good and bad. Worse, everything is both good and bad at the same time.

This is why we can one day be healthy and the next day fall down with disease or accident. This is why our finances, our investments, our businesses, our charities, our careers can be going very well one day and the very same afternoon collapse on us, or start their demise. This is why we can never rely on the promise of love from a human being or the promise of life from our bodies, even if they are brimming with health at the moment, because that love and that health are only the product of collective hypnotism and are just the opposite end of aversion and of disease and death.

Our bodies of belief consist of both birth and death, of health and disease (and accident, age, decrepitude) at the very same moment. Our human love consists of both love and aversion at the very same moment. We can never rely on either the good or the bad. Yes, the bad is as unreliable as the good. That is why bad can turn to good, good can turn to bad and they invariably do in our human experience.

If someone were to say, “Well, none of these things have happened in my experience,” I would not believe it. But let us just assume that someone out there has had none of these good vs. bad experiences and might say, “Well, I’m not affected by the good and bad belief, so I can’t be hypnotized.” Do not believe it. That very belief *is* hypnotism itself. All you have to do is look a little bit outside of yourself into your world and you will see the pairs of opposites battling with each other twenty-four hours a day.

This is all the hypnotized state of being. No aspect of it has any truth to it whatsoever. Not one aspect of it is actually what you see, hear, taste, touch, smell. Not one aspect of it is anything you have to deal with, my friends. You have never been required to battle with, to resolve somehow the problems of self, mind, body, world, money, relationship, business. You never have been required to do this.

That which you seek — your true identity, the un-hypnotized state — *you already are*, and you already have the tangible visible mind of truth, body of truth, world of truth including every detail and category of it.

Without this realization, of course we find ourselves trying to correct or heal, pacify, prosper, harmonize the problem we experience out there. We try to heal relationship, we try to heal the body, we try to pacify the mind. You would not believe the number of requests I receive about the mind. My mind is busy, my mind won’t calm down. How do I pacify the mind? How do I bring the mind into that blissful state of stillness?

The mind already *is* peaceful, still, blissful because the only mind that *actually* exists is God. So if your mind is busy, if you are feeling fear, worry or concern, if you look out and see something human, material or physical of both good and bad, realize that you are sensing the collective disharmonies and fears of the world population. They are impersonal, like dark clouds passing you by but never “yours.”

When we truly realize this we have the two core truths: one, that only God is, and two, that anything that appears to be un-godlike — our whole human sense of being, our whole mental mind, physical body, material world and universe and everything these constitute — is a product or an appearance of the hypnotized state alone.

It is just like the hypnotized victim on stage who is being told by the hypnotist that the little poodle is a vicious tiger, that the coil of rope is a poisonous snake, that the world is full of both heaven and Satan, good and bad. Is any of this the hypnotized person’s reality?

No, it is only hypnotic suggestion. The very moment the hypnotist clicks his fingers, the victim wakes up, realizes his true self and world, and sees the innocence of the poodle, the coil of rope and the whole safe stage environment, which is harmless.

In this same way, the moment we realize these two truths and snap out of world hypnotism, we are free of it and free to do all our work within. From this point onward it is easy work because what you are within is *already* God, what you are and have is *already* what God is and has, is *already* infinity, omnipresence, the one power, the one intelligence, the one wisdom, the one immediate fulfillment of being at every step you take.

It is simply a matter of continually reminding yourself of this, keeping yourself filled with the one truth of being, and then resting in that which you already are and bearing witness to it as your utter fulfillment of being in all the categories of experience.

### The Inner Life

The secret of spiritual living is to live the inner life. Day by day, shut the “outer” world out as best you can. Live the inner life — the life of infinity, peace, spaciousness, love. Reserve yourself for silence, stillness, contemplation. Keep your conversation, your thinking, your awareness in heaven. Meditate upon what we have heard in these messages. Most important, realize that every truth you read or hear is already you and yours, they are already the visible tangible truth of you in all their form. They seem, to sense, to come from an outer teacher in a class or book or letter but, in reality, every truth is blossoming from within you. You are awakening to the infinity of who and what you truly are, like an exotic flower opening in the love and warmth of the sun.

Never work arduously for truth. Loving, gently, peacefully meditate with these messages as being the already-ness of the infinity of being you already are. Then sit in silence with them so that they can root within and blossom into the tangible evidence of God throughout your body and world. This is the way of it.

This is the most critical, the most valuable and most treasured gift that you can give yourself in all of heaven and earth. Clear out periods each and every day for spaciousness and meditation; give yourself the space and the freedom to treasure the messages of the miracle of life you are: the realization of *I*, the realization that all of heaven already is all that you are and have on earth. Then, in and through your meditation and silence, you quickly see the limitlessness and harmonies of God as the actuality of the un-hypnotized state, the awake state which is your only true state of being.

Blessings,  
Paul

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Thank you very much.