

The Miracle Self
MONTHLY LETTER 13
- January 2019 -

“I Have Food to Eat That Ye Know Not Of”

Dear Friend,

A day spent without giving is a dead day, barren of visible truth. Can you imagine any principle withholding itself? Can you imagine *gravity* withholding itself even for a day? The universe would be plunged into utter chaos. Of course, gravity, as all principle does, constantly gives of itself. Gravity is itself in action. The activity of gravity cannot be separated from gravity itself any more than water can be separated from wet or wet from water. Gravity *is*, and its *is is* its activity, its life, its expression, its form, its body.

We are gods, one with (the very presence of) God itself, the infinitude itself, existence itself. Yes, we are gods (Psalm 82:6; John 10:34) or expressions or children of God, just as the sunbeam is the child of the sun or the wave is the child of the ocean. Infinity is not separated and divided into a multitude of people, places and things that seem to constitute life. These are just appearance. The infinity of existence, just like the infinity of gravity, is one, omnipresent, self-assertive, proactive – forever giving of its whole self to each point of itself at the same time.

Being a god, we have one purpose, just one, and that is to give of our infinity, of our substance, of our light, our form; to *be* the god of and for all in our world. The Master said it and showed us the way of it. *I am the light of the world. I am about my Father's business. Give, and it shall be given unto you, pressed down, shaken together, running over.* And he gave us the secret of it. *I have food the world knows not of.* To give is the only reason for our existence, our only

true and fulfilling purpose.

Life Gives, Not Takes

Life does not take. Life does not spend an hour in self-consumption. Life gives. Life *is*, and its *is* is its expression, its activity. Understanding and living truth, experiencing truth, is really no more complicated than understanding and living just three aspects of being.

One: Know the truth. The truth is that you are the entirety of God individually expressing or present, alive as the you that you know yourself to be living in the world with which you are familiar, with just one purpose and that is to *give* of the god that you are.

You are and have the whole of God embodied in you this instant and eternally. Think about that. It may not show in your outer experience to much of a degree at this moment. Your so-called outer experience is imagery of your state of being. Just like a cinema, the entire outer experience is the imagery of your inner being. We are not speaking of a geographic or physical inner versus outer; we are speaking of sense. The outer is simply your and my corporeal *sense* of that which is one hundred percent God, one hundred percent incorporeal.

Sense is like a lens. Whatever is happening as that lens in your individual case, as opposed to my individual case, is the flavor, the form, the substance, the character, the nature of what you, as opposed to I, experience as our so-called outer, corporeal sense.

When that lens consists of belief, then we have an outer world that consists of the very beliefs we are holding, usually unwittingly. We hold, without consciously realizing it, collective world belief, and so here we have the collective world, as we can all describe it with its good and with its bad – its diseases, its injuries, its failures, its hardships, its pain, its poverty, its starvation, plus everything of its good.

As we start awakening in truth and clearing out belief — one after another — it has the effect of clearing sense. Every time we clear out another belief we see more of the unconditioned image and likeness of God as our corporeal sense. In other words, we have good form, healthy form, abundant form, happy, loving form; we have a greater degree of oneness, of truth in the form of person, thing, condition.

The truth we must know is that *God is*. God alone is what you are, what I am, what all is. By the degree we clean ourselves of belief, we see and have a greater degree of the harmony that God is. We have a greater degree of God, good, as our world; we have a greater degree of the heaven that the world truly is as our real and practical experience.

We have spent years awakening to the truth that only God is, that God is all of all. The world and all it constitutes is God. The world is heaven. We know that when our lens of awareness is conditioned by belief, we cannot help but experience that very conditioning as our minds, our bodies, our worlds, and everything our worlds constitute. It is false imagery, but we cannot get rid of it until we are free of belief.

We cannot be free of either the temporal and unreliable good in our world or the temporal bad – the disease, pain and suffering, disappointment, depression, lack and limitation – until we get rid of the belief that is forming such impressions. By the degree we do, we are the unconditioned lens of awareness which reveals God as all person, thing, condition, place, and so on.

Another word for this is *healing*. It is the healing consciousness, the faculty in us that witnesses God where material sense witnesses good and bad – a human condition, a disease, an injury, financial problems, relationship problems, and so on.

The moment spirit arrives on the scene where these apparent bads are taking place, they are dissolved to reveal God as that very person, thing, or condition because God actually is the only person, thing, or condition. But it takes a God state of being – God consciousness – to witness the reality of God person, thing, or condition, and make it available or make it visible and real to everyone concerned.

There's the first thing. Know the truth, and the truth will make you free.

The second aspect of being is to *live by the food you can eat that the world knows not of*. Only God is, therefore only God can. It is true that God is all. God is everything we experience. God is the substance, form, body, organ, function, life, color, fragrance, nature, character of all.

Indeed, only God is, therefore certainly God is already, no matter how we are experiencing life, the very form and character and nature we experience, but without God, without God

actually living our lives and our worlds for us, without God actually and literally being the God, being the all of our universe for us, we live in darkness. We live a sense of separation, of belief, and even the little amount of God we do bring forth is a fraction of what our life truly is.

Life appears to be very unGodlike. Even the good health of our bodies is unGodlike because it is physical, not spiritual. The body seems to be made of flesh which has nothing to do with God. Everything of humanity, of matter, of physicality, is temporal, variable, is born, develops, matures, begins to age, becomes decrepit, and eventually dies.

Where is God in that picture? God is nowhere to be found. Where is God in a world that contains much good but also is full of cruelty, greed, disease, pain, suffering, starvation, hunger, homelessness, depression, unhappiness, insecurity? Where is God in that dualistic picture? Of course, such a picture has nothing to do with God and is experienced only because we live such a very low degree of spiritual light that we cannot see properly.

The food the world knows not of is the presence of God living us and revealing itself as our every fulfillment. That food is the substance, the form, and the visibility of itself in our experience. Without that food feeding us virtually twenty-four hours a day, we cannot see, we cannot have God. We cannot experience healing, and we cannot heal. Only the food the world knows not of truly achieves what we call healing, love, prosperity, safety.

The universe appears to be made of matter. Everything of existence appears to be human and worldly, of good and bad matter, until we understand that all is God, and because God is the only, the all in all, the all of all, the all as all, we have to yield and let God be God in order for us to see it as it is, to experience it as it is. We have to give up our ways of might and power and yield to let the true food feed our daily experience.

To be fed by the true food is to experience life truthfully. I have food the world knows not of is probably one of the most important and freeing statements of truth that has ever been given to the world.

I am the substance of your mind, of your body, of your entire world and all it constitutes. I am. But intellectually knowing that will not reveal it. Because I am the substance of your being, your mind, your body, and your world, you have to allow I to reveal it, to be it. You

have to be a beholder of *I* as you, *I* as your mind, your body, your world; *I* as your finances; *I* as your relationships; *I* as your business; *I* as thing, condition, place because only *I* am these.

The visibility of God, good, is ours when – only when – we live by the food the world knows not of. That food is silence. It is us letting go of the world, letting go of the personal sense of self, letting go of our family, letting go of our business, letting go of our finances, letting go of the entire world, becoming still, peaceful, silent, and *listening* to that which *is*, *feeling* that which *is*, being fed by the food of presence, silence, by God itself; sitting silent in a God-receptive state of being, devoting ourselves to that which *is*.

Why would we resist devoting periods of our day to such inner stillness and silence? That which *is* is infinite and omnipresent and unconditional good without opposite, is instantaneous healing, instantaneous food, instantaneous money or any other form of supply, instantaneous freedom. We are not speaking of just our own experience, but that of our entire world's experience. We are the light, we are the life, we are the money, we are the food, we are the freedom, we are the justice, and the morality for our entire world when we live by the substance of silence.

Why wouldn't we, when we know this, devote ourselves more and more each and every day to simply sitting still and peacefully in a God-receptive state of being wanting nothing but God, realizing that we are spiritual being living in a spiritual universe, therefore that the kingdom of fulfillment is spirit which is experienced as and through silence?

Why wouldn't we devote ourselves to such daily silence? Well, of course, we do the moment we're sufficiently awake to know this truth. We devote an hour a day to begin with, then two hours, then three hours, to four hours spread throughout the day.

The actual number of hours do not matter, as long as we realize that it is only by the food that the world knows not of that we see the world as it truly is, that we have the mind, the body, the supply, the love, the life, the condition, the thing, the people as all these truly are – the image and likeness, the very presence, the form, the substance, the character, the nature that is God as all that exists. Then we are being fed, and satisfied with the food the world knows not of.

Let go of the world, every detail of it, and rest in God. God is all you need. You never need to

be concerned about your health, your money, your relationship, your safety, your security, your home. Forget all of these. These are just images of what they truly are, what your experience and all in your world truly is. Let go of it, all of it. Rest in and live by God. Live as the god that you are. Be the spiritual presence in your very body and your very world that is the window of heaven that reveals God everywhere you are.

God is here, there, and everywhere, so make sure that the food the world knows not of lives and radiates as you here, there, and everywhere. Then watch the miracle. Watch the quick healings. Watch the freedom. Watch the supply. No good is limited, none is conditional. Fulfillment is free, and infinite and omnipresent right here where you are, as you. Release it, that is all. Live by it, and in living by it, release it into and as your entire world, and watch the miracle.

You have, this very instant, an infinity of life, of money, of love, of peace, of harmony, of intelligence. You have the whole infinity and omnipresence of omniscience. Do not let anything confuse you or stop you. Do not believe that you lack the answer to absolutely everything that can present itself to you, even the mystery of life itself. You are the very being of omniscience itself. But you have to *live* it in order to experience it. You have to *live* by that food the world knows not of; live by the omniscience the world knows not of, the wisdom, the all-knowing mind the world knows not of. What is it? It is God felt happening within; it is living by God felt happening within. That is the food. That is the actual presence of God with you, being you, blessing your entire world, freeing your entire world, feeding your entire world.

Relax, Let Go, Bear Witness

Nothing of good, no form or function of good is absent anywhere in your life, here, there, or anywhere else. All is God and is full of God. "The earth is full of the goodness of God." All we have to do is relax when we hear that, and then remember, *I have food to eat that the world knows not of* so I better make sure that I am being fed with it because when I am the earth will very quickly be *visibly* full of God, full of good, full of harmony.

The world will never know of the heavenly food. Awakening has always been an individual experience and will continue to be. Nothing can awaken the masses. It is as you and I individually feel the spark of truth within and then devote ourselves to awakening that we

start living by God, living by the inner food, letting that food be all of all to us, and simply beholding God here, there, and everywhere, beholding the miracles of God taking place wherever we are, beholding all in our consciousness being fed with the light of truth wherever we are.

You witness this without taking thought for it. It is quite extraordinary, as you first start noticing it—notice healings taking place wherever you are, beholding people being drawn to you, first one by one, then two by two, then in multitudes coming for their release, their healing, their supply, their instruction. Some receive their fulfillment or release quickly, others take longer. Who cares? It doesn't matter. The moment they enter a consciousness of God – your consciousness as you are living as and by and *being* one hundred percent satisfied with the food the world knows not of – then they are safe, and the healing is infallible even if it takes a little while to come through. The amount of time it takes doesn't matter. They are safe the moment they come into your loving and illumined consciousness and are fed with the inner food you are living by and freely sharing, freely giving to all who enter your consciousness.

You watch supply open up for people, for families, for businesses. You watch happiness open its buds like flowers in the spring. You watch people soften, open up, smile, become warm and loving. You watch family and community union opening and blossoming. You watch the love that can't help but make itself visible and real show its face among your neighbors, in the shopping malls, in the markets. Everywhere you are, God presents itself as Godlike people, things, places and activities.

So remember that the inner food is, indeed, the substance of all form, but it is more than that. It is the form itself, the flesh itself, the visibility itself. It is the organ and function. It is the Grace of God as our experience, the visibility of God as person, thing, condition, place, business, finances, relationship – the substance, the form itself, and the visibility.

So again, why wouldn't we all live in more devotion to that inner food each and every day? There is never a time when we can't say to ourselves, "I can live more deeply and devotedly in God." There is always opportunity to live more devotedly in God, in truth, and as we do we witness more of the visibility of heaven as it is on earth.

The third aspect of living truthfully is to be *proactive in truth*. Be truth in action. Be the god of

your universe. *Be* the god of your mind, your body, your world, your universe. *Be* to every person, thing, condition, and place what they all want God for. *Be* that god. Do you see that?

Everyone is praying to God. Everyone is reaching up to God for their needed good. Even the spiritual students of the world – millions today – are trying to tap into God so that they can have their healing, their health, their love, their supply, their truth, their freedom, not only for themselves but, of course, so that all in their consciousness can benefit by truth.

But until an individual arrives at the place of spiritual awareness that we have in the Miracle Self (and the Infinite Way), which is the all-in-all truth of God, within and without, as we're hearing it and practicing it, God remains unavailable to experience. Humanity and metaphysics does not have any God in it. God consciousness is the literal all in all, all of all, and all as all of God. We simply cannot have anything but God in our consciousness if we wish to evidence God.

Only the pure Christ way or Buddha way can be lived in order to witness the miracle, the truth of God as all. There is a very great difference, some of it quite subtle, between the pure Christ teaching of the Miracle Self and Infinite Way, and all other teachings on earth today, and so be aware of this. Carry around with you enough spiritual discernment to recognize that difference and to stick with the pure truth, that is the Christ teaching, most purely taught by Joel Goldsmith and today by the Miracle Self.

Practically every individual on earth is, in their own way, reaching up to God, reaching up to truth for answered prayer, for their good to become manifest. You and I, as taught by the Master, have to *be that god for them*. Do you hear that? *Be* to every person, thing, condition, and place what all these want God *for*. In other words, love your neighbor as yourself – as I Am. There is no other god in your consciousness than the god you are and the Godlike qualities and conditions you bring to your world. You are that god to your world, and I am that god to my world.

The very moment we start to think in terms of "otherness" we have fallen out of God consciousness. No person and no thing, no condition, no place, no amount, no activity exists outside of your consciousness. Your entire world and universe are pouring out as imagery from your consciousness and you are its god. You can very quickly realize this by asking yourself: If your consciousness did not exist, could you prove that your world does? Of

course, you cannot. Your consciousness is your world.

This is why the Master and the Psalmist both told us, Ye are gods. Each and every one of us are gods. The Master would never tell us this unless what was meant is that we each individually are the god of our mind, body, world, and universe. There is no other god in our consciousness. And the next individual is equally the god of his or her mind, body, world, and universe. There is no other God in his or her experience.

Knowing this truth, we must step up and *be* the god as and to and for our entire universe, every person, thing, condition, every financial condition, every business, every family, every individual, every home, every neighborhood. We must *be* the god to the entirety of our world. The whole world is reaching up to God, and we must silently and secretly be god to them.

(No one, apart from us ourselves, a very small group of us who are awakened to this truth and are able to gather together and talk truth together, experience truth together, none but us must ever know that we are the gods of our worlds. Surely, the world will take us away in white coats if we started bragging about being gods. Be wise. Be silent and secret in the world.)

We must be about the Father's business every hour of every day. We must be consciously aware and consciously proactive in truth. If we are not consciously aware and consciously proactive, then there is no God presence about us, and there is certainly no God quality being given to our minds, our bodies, our worlds.

The key and the effectiveness is our constant conscious realization of God being all. It is our consciously realizing that God is our mind, our body, our world. It is our consciously realizing that wherever we are and whatever is in our consciousness is God, and it is our consciously experiencing the food that the world knows not of, experiencing God felt happening within and realizing that that food feeds the entire world with its visible truth – this is the one way of making truth visible and real for the people in our world, the businesses, the financial conditions, the places, the things in our consciousness each day – including “our own.”

We must consciously know that all is God as we step out of our door each morning, and

before that, of course, we must consciously know from the moment we step out of bed that all is God, that our breakfast is God, that our clothes are God, that even brushing our teeth is God in action. We must consciously know that all form is God-form, that no other exists; that our home and everything it consists of is God.

And we must, within minutes of stepping out of bed, be feeding on the food that the world knows not of, feeling God happening and realizing that that feeling is revealing, is the substance and the form and the visibility of God itself as all that we are, all that we experience, all that our home is and our world is.

We must consciously realize as we walk or we drive to our business that all is God, that wherever I am, there God is; that where the spirit of the Lord is, there is liberty, there is love, there is life, there is supply, infinite supply, omnipresent, unconditional supply of all good amount and opportunity; that there is safety, security, freedom; that there is success for everyone because every person is God-person.

We must realize that God is before us, is behind us, is left and right of us, is up and down of us. In other words, to quote Theophan, the Monk, we must realize that all in our consciousness, all in the Crystal Globe is revealed as Godlike *because* we are partaking of the food that the world knows not of, and we are freely giving it to the world. This is all the proactivity of consciously living in God, consciously living by God.

Conscious Demonstration

It is this consciousness, this conscious proactivity – consciously bringing God into every moment of our experience – that reveals God. Demonstrating God is a conscious and continuous act. We cannot *unconsciously* demonstrate God. We have to *be* the demonstration. To *be* is to be *conscious* – to be a continuous conscious activity of God.

We cannot intellectually know that all is God and expect results, and we cannot only have a period in the morning where we lift ourselves into a receptive God state of being and then sit in an hour's silence, feeling the presence of God, and then believe we have done enough for the day. Maybe we have another period of lifting awareness and sitting in more silence before bedtime. That is not being the god of our world; that is being a very part-time god and it is insufficient.

Being the god of our world is like being gravity for our world. We have to be proactive twenty-four hours a day. We have to be the conscious God presence at every moment so that no matter what touches our consciousness we are present for him, her, or it; we are alive as God presence; we are able to *be* the god of the moment. When we are, watch the miracles – watch the healings, watch the truth, watch the wisdom that wells up in you and pours out and freely permeates itself to the entire world. Watch the light that wells up and pours out of you and freely gives itself to the world. What you give is what you see; what you give is what you have.

We never ever try to *get* anything again, including from God. We realize that we are that god. We have all that God is and has, and the only way of witnessing it, whether it seems to be a mind full of truth awareness, or as a body full of life and vitality and purpose, or out there in our worlds as a world full of harmony, peace, and fulfillment, is to give it – just like gravity gives of itself. The only way that gravity experiences itself is by giving it all day long. The only way the sun experiences its universal light and heat is by ceaselessly giving it. In the same way, the only way we experience the infinity of good that we are as gods is by giving it – giving god, being the god of our world and of everything involved in our lives.

Can you imagine a hose looking outside of itself for the water it needs to nourish its garden? To appearance, water is needed “out there,” and also to appearance, the benefit of water is witnessed “out there.” But where does its water come from? *Within*. It is the “water the garden knows not of.” An infinity of water exists within the hose and the source from which the hose draws. The one thing the hose must do is *give, release, express* water. It must open up and release that infinity of water. Then it has as much as it wants and needs to feed the garden; and subsequently that “food” becomes the substance, the form, the visibility of life, of color, of the fragrance and beauty of the garden. You can imagine that if the hose was unaware of its inner infinity of water, it may well start reading books and attending classes about “demonstrating water.” All the while, it is sitting on an inner infinity of water that it believes it has to learn how to demonstrate.

This is the mistake, the belief, we all as beginner spiritual students make. It is a mistake that costs us years and years of struggle in truth. We are unaware that we already are and have all that God is and has, so we study to awaken to our truth, to “get” truth. This very belief and activity is what keeps us out of immediate harmony. We cannot get what we already are and

have. From the first spark of truth felt within we need to learn that we are and have the infinity of God because God is oneness, God is all there is. "I and the Father are one. . . . Son, you are ever with me, and all that I have is yours. . . . I am in the Father, and the Father is in me." Right here where I am, God is, and where God is, I am." Separation from God, from the infinite and immediate good of every category of life, is impossible. God, all of all, is one and omnipresent, and "I am that I am." If this were the first lesson in truth we all received and understood, we could immediately start demonstrating infinity not only for ourselves but for our worlds.

All we have to do is wake up to this one truth, trust it, and open ourselves and pour out the infinity within. We are each the faucets of infinity. We are that place in experience where God is and pours out as the infinite good of the world – the infinity of life, substance, love, supply, freedom of the world. We are that. We are the Godhead, the faucet. Then let us live it, let us be it, and in this way experience earth as it is in heaven.

Let us live these three modes of true existence by one: knowing the one truth, reminding ourselves of the one truth twenty-four hours a day; two: literally living by and being satisfied by the all in all-ness, the all of all-ness, the all as all-ness of God – the food that the world knows not of. Live by God felt happening within. Realize that God felt happening within is the substance, is the very form itself within and without, the very flesh, the very visibility of God as all form; and realize that the more of that food we release and allow to fill our minds, bodies, and worlds, the more of God is visible to us every hour, the more the miracles of God are visible to us, and real and practical for everyone who walks into our consciousness, and the more eternity becomes real as you and all in your life.

Eternality is the only truth. God does not die, and because you are individual God being, nothing of you dies. This is the absolute truth. Do not for a minute believe that you can ever die or anything of your world can ever die. Nothing dies. All is God, and God is eternal. God is invariable, the same yesterday, today, and forever. Meditate with these truths. God is eternal. God is invariable. Nothing can be added, and nothing can be taken away. Meditate on these profound truths, these realities of you, and of all, and become free.

Live by God felt happening within, the food that the world knows not of. The Master showed us what happens when you live by and are satisfied with the food that the world knows not of. Then, he told us, "The works that you see me do, you can do also, and greater than these,

you shall do.”

The secret? I have food to eat that the world knows not of. Then, let us live by that food. Feast on that one food.

And then three: Proactively be god. Know and trust that all is God, therefore all is infinity, omnipresent, boundless, unconditional. Know that there is never an absence, and there is never a lack of life or a lack of the practical forms and visibility of life – of health, wealth, love, business, home, opportunity, success, companionship, or fulfilled purpose.

Give your infinity of being; silently and secretly be the god of your world. Free those in captivity. Free those in hunger and starvation, in pain and suffering. Free the world of disease. We really watch all discords dissolve as we live by and are truly fulfilled by the food that the world knows not of, and as we are proactive gods; as we step forward all the time trusting the very presence and visibility of the forms of God – the forms of life, of supply, of harmony. Trust God, and step forward.

Never be hindered. “Arise, take up thy bed and walk” twenty-four hours a day staying consciously in truth, and watch, watch, watch the miracles after miracles you witness by living these three aspects of life.

I am not sure it can become any clearer than this, can it? You are awake enough. You are alive in God enough. Just do it. Live it. Trust it. It is the one reality – the one reality of *you* and everything about you. Live it, be it, and then simply bear witness to the almighty truth unfolding itself everywhere you are.