

The Miracle Self
Monthly Transcript 1
Series Two

The Kingdom of God (Good) Is Free

The kingdom of God (good) is completely free to you. It is fully available, this minute, hiding nothing from you, keeping nothing of itself from you. It is continually offering the wholeness of itself to you and for you as every second of your consciousness, your life. That second, that minute, that now is full to overflowing with the glories and the life and the happiness, the freedom and the truth of all experience.

How can that be true? It is true, but how *can* it be true? We do not have that experience. Not for want of trying, but we do not have that experience. And so either it's nonsense--it's a beautiful, masterly-created myth--or it is true, but we haven't understood.

Well, I like the second suggestion. Just as, (before we discovered that we could fly machines in the air), if we could just have enough belief that aerodynamics actually does exist--it isn't a myth, it actually is true--then we can step forward and discover the principle that it is. And the moment we've discovered the principle, it proves itself. It evidences itself. We don't have to believe any longer. We know that there it is, all over the place, as tangible evidence.

It is exactly the same as we realize that no, truth is not a myth. It is truth. Therefore, if we are not witnessing truth right here and now, and every right here and now, the only reason is that we haven't quite yet understood the principle that it is. Now let's hear it again quickly, and then we'll understand the principle of why and how.

The whole kingdom of truth is free to you. (It's actually free *as* you, but let's assume that we are going to experience truth as we understand the principle and then practice that principle, be that principle. So it seems as if there is us and truth, us and aerodynamics, but that's not true, of course. There is only truth. But just as Jesus said, "I and the Father are one", I and truth are one. That is how it seems at this moment so don't be afraid of that, as long as you

don't entertain the idea of duality.)

All right, so, the whole of the kingdom is free to and as your experience. When you properly and thoroughly understand that God, or any synonym-- truth, spirit, life, love, harmony, peace-- is *consciousness*, then you are one fiber away from really understanding and then being able to witness the truth that the whole of the kingdom of God is free to you. It is always freely available to you, here and now, every breath, every step. But first you have to understand that God is consciousness.

If you *really* understood that, then the sense of inner/outer would be gone this moment. The sense of duality would be gone this moment. The sense of trying to heal or witness any kind of good out there, pacify it, make it better, prosper it, would be gone this moment.

So let's get this deeply rooted: God is consciousness. *I* is consciousness. The world is simply the way consciousness looks through the conceptual mind. That's all. The colored lights are simply the way the sun looks through the stained glass window. That's all. It doesn't change the sun. It doesn't change the color of the sun. Do you think that the sun has changed color as we now witness red or blue or orange or purple or green?

You know that it's an optical illusion, don't you? All it is, is different energy waves happening *here*, frequencies happening *here*, in your consciousness, in your optical faculty. It's not out there. What is out there is always and only the pure sun. The colors, as well as every other nameable experience of our life, are simply different frequencies of energy. Those different frequencies appear to us as different colors, different substances, different weights and densities and activities. It's only different frequencies.

This is why we have the optical illusion of the mirage on the road appearing wet or flooded. It isn't wet; it isn't flooded. We know that. So where is it happening? Only here, as an optical illusion. That's all. It's not out there at all.

And so we witness the rainbow of colors through the stained glass window, and in fact we witness the rainbow in the sunshine as it's raining, just as we witnessed as we were driving a few days ago. I've never seen, number one, such a beautiful rainbow. Number two, such a huge rainbow. And number three, at our feet. It was literally 20 feet from us. I've always seen rainbows a hundred feet away or a thousand feet away. I didn't think a rainbow could be this close. I thought the optical illusion was something that appeared to be a long way off. But this was right in front of us-- 20, 30, 40 feet away. It was the most

brehtaking, silencing gift of life. It was so beautiful, amazing, an absolute miracle.

But *is* there a rainbow out there, whether it's a thousand feet away or one foot away? No. Where is it happening? Right here, as an optical illusion of my faculty, my micro faculty appearing to be a macro experience. And this is true of all experience.

Now, God is pure consciousness, which just means life, awareness, beingness-- all these synonyms have been used throughout the teaching, and many of them throughout Joel's, many of them throughout Mary Baker Eddy's, and some of them throughout Jesus's and Gautama's also.

God is life. Well, what is life? Awareness. You can't have life without awareness. That's dead meat in a butcher shop, meat without consciousness. That's what we see when we go and peer through the window of the butcher shop or the meat section in the supermarket. It's dead. There is no life there.

So life is consciousness, awareness. The macro is the micro. All of your experience is happening in what we may call the micro that seems to be us. The rainbow is happening actually in this little micro that seems to be me. And as my micro is experienced as a macro, as a magnified micro--just like the cinema, that tiny little frame of a picture with light pouring through--it magnifies and then appears to be a bigger than life size experience. This is what is happening: the micro is experienced as our macro life--our macro world, we call it.

But ignore the macro and come here to the micro, and realize that God is the very consciousness, life, awareness, beingness, that I am, that consciousness is. All is consciousness, and out of consciousness the mind forms--not separately, not differently--right in the midst of the infinite ocean of consciousness the mind is forming *of it* (because there's nothing else) everything that we can describe. Suddenly there is a form and we can describe it. "Oh look-- there's a form; there's a table." Well, actually what it is, is consciousness only, God only, the infinite, one substance, one life, consciousness, beingness, that the conditioned mind is forming conditions of, the conceptual mind is forming concepts of. But never is that concept or condition "different from" or "out of" or "separate from."

We're forming forms out of and in and of the one truth that is the one substance that is life itself, consciousness itself, God Itself, and beside that there is none else. So we may call it a table, but actually that table knows what it really is, and that is Me, and beside Me there is

none else. It is God, and beside God there is none else.

You can call Me, you can call the infinite invisible a table if you wish to. That is a useful thing to call it in this experience. But the moment we give any suggestion of life or form or substance, material, to it *of its own self*, we're lost. But as we recognize that form of table as actually being *the full infinity of God Itself*, just formed in the mind as something which appears finite and conceptual, but nevertheless the whole infinity, the whole power, the whole love, the whole life, the whole substance of God Itself, then we're fine. We're never confused.

So the important thing right this moment is to realize that God is consciousness. Let that take root for a minute or two: *God is consciousness*.

That means everything everywhere is consciousness. God doesn't change Its substance, Its form, Its beingness, Its Infinity, Its life. Therefore, because God is consciousness, everything everywhere is that very infinity of consciousness. Consciousness doesn't change its substance into wood, doesn't change its substance into fabric, into leaves, into flowers, into fragrance, into a fleshly body.

God remains God. Nothing can change God because there is nothing but God. And God is consciousness; therefore, everything everywhere is consciousness. You are conscious, and because there is only one consciousness that's God, you are that consciousness. And because God is omnipresence, the whole of Itself fully existing at every point of Itself at the same time, you are the whole of God consciousness.

Again, if we really wake up to that, it's all we need--that one sentence. *Everything is consciousness and because God is omnipresence, I am the whole of God consciousness*.

I need nothing else, as long as I don't separate. If I now recognize literally everything everywhere as consciousness, God, and this consciousness that I am is the whole of God embodied in and as Itself as this consciousness, then I don't allow myself to fall under the suggestion that within me is consciousness and yet outside of me is wood. There is a table outside of me, or outside of me are friends and neighbors and loves and family, and outside of me are trees, and bears, as we have around here, and mountains that they climb on and live in, and lakes that we can canoe on and swim in.

No, these are just pictures, 3D images, forms that the mind is forming of the one consciousness that is—God, the one infinity, the one substance that is, the stained glass

windows forming shapes and colors of the one sun that is. But it doesn't change the sun. The sun is still the fullness of the sun. Are you coming to that awareness now?

God is consciousness; and because God is indivisible and omnipresent, the whole of God is embodied in and as my consciousness. What is it doing? Well, there's only Itself, so it is being Itself. Really, what more do we need? If we truly catch that, and again by the degree that we catch it, we discover that we really don't need anything else.

God is consciousness. God is indivisible and omnipresent. Therefore the consciousness that I am is the whole of God--fully embodied, fully manifest, fully tangible, fully expressed, fully infinite, *as Itself as my consciousness*. Well, I don't know about your universe, but mine is looking and feeling and very visible as being very good, and beside that good there is none else.

So this truth is a little bit more firmly and deeply rooted in your consciousness now. God is consciousness. The miracle I have been seeking is already fully embodied in and as my consciousness because the miracle is indivisible and omnipresent. It is consciousness. Therefore, my consciousness is it. My consciousness is the miracle already.

That which you've been trying to learn, trying to become aware of, trying to understand, is already the fully learned, (which is the wrong word), the fully *manifest* awareness, fully present and all embodied for you already as your consciousness, because your consciousness is the whole of God fully embodied in and as Itself, your consciousness. God is consciousness because God is the infinite everything everywhere, as far as you can go. Why don't you travel a trillion eternities around your kingdom, and right there wherever you get off your bus, is the full embodiment of God.

There is only God. You will only ever find God. If you think you have found something else, then what you are witnessing is simply a form of God. But your mind (or, if I find something else, my mind) is forming. And when we say "my mind", that's collective mind that we've accepted. We are being a little expression of collective mind without knowing it, which is just material sense.

Do you realize that there is actually no collective? How can there be collective if there is only one? Collective what? Collective oneness? I don't think so. So we really should rename collective consciousness as material consciousness. It's just a material sense that seems to be what everyone has. But the moment we realize that everyone is *I*, everyone is the same one *I*, then we have instantaneously abolished, watched dissolve, this whole idea

of collective consciousness. Now where's that devil? Anyway, that's another discussion.

God is consciousness and the whole of Itself present as all consciousness; therefore, your consciousness and mine simultaneously is the whole of God embodied as Itself, which is consciousness. Nothing in your experience is anything but consciousness formed, but still the fullness and the substance and the infinity and the invisibility of consciousness.

Do you realize why the infinite invisible becomes finite and visible? Because of an unilluminated consciousness. So the more unilluminated we are, the more dense everything seems to be. And that denseness becomes visible to the five senses, becomes visible to itself. It's just dark, that's all. But actually, everything that is visible to us is invisible. We are literally witnessing the infinite invisible as we look at what we believe to be the finite visible.

This is what Jesus was telling us in far more beautiful words: "If you look at me, (the form that is Jesus) you see the Father that sent me." That word "sent" is probably mistranslated-- the Father that actually *is* the only presence as Himself, Herself, Itself, appearing to be, looking like, this finite form of being. But there is no such thing. There is only God.

God doesn't change an infinite being to finite being 7 billion times. There is only infinite being, one being, God being. Therefore because God is infinite, and invisible to the five senses, what we are seeing as individual being is only a darkened *sense* of that one infinite being that actually is the only being we are witnessing. Do you catch that?

There is only infinity, so what we are actually seeing, which *appears* to be finite, isn't actually. Science knows this. We've said this before: we can take a powerful microscope right into the middle of you and start travelling around, and we will never find your edge. When we get down to the subatomic field and start travelling around, there are no edges. There's just peace and light and energy, beautiful deep silence. Peace. But no edges.

And so what appears as a finiteness is complete and utter optical illusion. You are not what you think you are, literally. Your body is not what you think it is, literally. Jesus knew this. He could say to us, "What you see when you look at this body is actually the whole of the Father, the whole of heaven." Not finitized-- heaven doesn't become finitized. It's impossible. You are literally seeing an optical illusion. You are being it. *You* are that optical illusion until you snap out of it and realize the truth.

Let us get back to *God is consciousness*. And because God is infinite, then everything in and

of infinity is consciousness. That consciousness does not change its nature, its substance, its form, its character. *We* are those degrees of being that attach names to all the forms of this level of consciousness, but God doesn't.

God doesn't have wood. God doesn't have fabric. God doesn't have metal or plastic or human flesh or animal flesh, physicality, mentality, materiality. God is God, period. God is consciousness. All is consciousness. And again and again we remind ourselves that if we were to take our consciousness away, then everything of our entire experience, our entire world and universe, disappears instantaneously, and we could never prove that there ever was wood or metal or physical bodies or material objects.

We never could prove that there is such an experience as time, such a sense of separation as space, such a lowly idea as cause and effect. Where would these things be if you were not conscious of them? If we take your consciousness away, prove that cause and effect exists. Prove that wood exists. Prove that there is a physical body. You can't, because there isn't one.

Your consciousness with material sense removed is heaven. What is heaven? Infinity at every point, bliss at every point, life. No old age, no death, no illness, no disease, no accident. Life! The infinity of life omnipresent! Well, where is suffering? Where is old age? Where is anything that can look like, or suffer, as a physical body? There isn't one. There is just the divine body, which is the infinity of the one body, individually existing as each and every expression of itself.

If we still wish to call each other our names, that's fine. But now our names, which you've noticed are spelled with a first letter capital--have you noticed that your name is spelled with a first letter capital? Well, we really don't warrant that capital first letter at the moment. But as we realize more and more our divinity, the infinity of being that we really are, then that first letter capital is justified. So our name can still be our name and will be, if we still have a purpose with that name. We may not, but if we do, it will still be our name. But now not the limited finite sense of being that we seem to be, but the fullness of the infinity of omnipresent God being that we each are.

There is a point to all this, I promise. Allow the fact that God is consciousness to take firmer root as your being, as your consciousness.

You have been given free use of your consciousness, of your beingness, have you not? It is the only real freedom you have-- the freedom of your consciousness. Now cast your mind

back to what was said at the beginning: the kingdom and the whole of it, fully embodied and manifest and present, is utterly free *to* and *as* and *for* you.

What is the kingdom? Consciousness. Think now. If God is consciousness, everything infinitely is actually consciousness, God. It is not what it appears to be. It is consciousness and nothing but consciousness, which hasn't changed-- hasn't become finite, hasn't become human, hasn't become material, hasn't become mental or physical. Everything everywhere, everyone everywhere, infinitely, eternally, is consciousness, God. Then the experience of God is the experience of truthful consciousness. Let me put that another way: it is the experience of using consciousness truthfully instead of untruthfully. And that use of truthful consciousness is utterly free to you. You can use your consciousness this minute.

Now remember: God is consciousness, and the only activity of consciousness that darkens the experience--the individual experience that is God, that is you, that is I-- is material sense, is misusing consciousness, using it untruthfully. Which means thinking about material things, human things, physical things, cause and effect, time and space, good and bad, that which we can name, that which we can see, hear, taste, touch, smell. All of this is *misusing consciousness*. We are using our God-given kingdom, which is only consciousness, untruthfully.

And yet we are free, entirely free, to use our consciousness truthfully! And because God is consciousness, the moment we are using consciousness truthfully, there It is. God is consciousness. We are not looking outside, because these are false images of consciousness. We are not interested in that. We must not be interested in that. Do not judge by appearance.

Why don't you this moment go and look at your biggest challenge right now, and imagine Jesus standing right next to you looking with you and saying to you, "Do not judge by the appearance; judge truthful judgment."

What does that mean? *Realize that only God is here*, even though through that collective, which is material sense, heaven is appearing and acting to and in your experience as something much less than good, much less than the purity and the bliss and the freedom and the truth of being or the truth of place or thing or amount or condition. Even though it is true that through this material sense heaven, God, is a darkened experience for you-- it is not real. It is an image only. It is a shadow only. And therefore I say to you, judge not by this very appearance that seems to be, but judge righteous judgment.

And so that which you're looking at as your difficulty, your challenge, your discord, your illness, your disease, your lack, your limitation in some way, realize right now that all you have to do is ignore it. And remember: when we say, "Ignore the image," that does not mean that we are ignoring our loved one or our business or our client or our student or our environment. It means the very opposite-- in being able to ignore or let go of or dismiss that appearance, we are giving to our loved one or our whatever it might be the greatest of truthful attention, care, love, and visibility.

As is always the case, truth is the exact opposite of materiality. So in ignoring, we're actually now able to give the greatest of truthful attention and care and love. Do you catch that? That's why a lot of the messages in the past, in the recent past even, have been very tough saying I don't want to spend time with you. I'm not interested in you; I don't want you as my friend. I don't want you to come and have coffee with me. I don't want you to have dinner with me. I don't want you to ask me to walk with you because I will say no. I don't want you. I don't care about you.

And of course, the whole reason that message came out and came out so strongly is that truth comes not to bring peace but to bring a sword. Unless we are all shaken up out of our dream, we're going to continue experiencing nothing but the falsity of the dream.

But the moment we're all shaken up, we're enabled without our cobwebs to begin to see the truth, which means it's the *image* of you I don't want to walk with or have coffee with or become a friend with. It's the image of you, the false image of you, because if I allow myself to do that, I'm going to get to like the image more and love the image more and want to spend more time with the image. But if I can somehow get you to realize that your image and my image are utterly false-- "Judge not according to the image." Well, if we're to judge not according to the image, why would we have coffee with it? Why would we want to have dinner with it or walk with it?

"I'm in this world but I'm not of it." Okay, so let's shake ourselves up out of the dream and become in it but not of it, which means not of the imagery. Do not judge by the appearance but judge truthfully.

Anyway, all that shaking up is over now. Now we do come to bring peace. The sword has had its way. Now here is peace. But you see, we really do need to be shaken up out of our parenthesis, as Joel called it. Otherwise we're going to stay there. Sometimes we need to be kicked out of it. I needed to be kicked out of it, so I thought you did too. I think we all do.

We all actually need to be kicked out of it and the way that kick appears in experience is very often through illness, through disease.

We are doing it to ourselves. We're kicking ourselves. Truth is pressing so hard at us now, and yet we're sticking so rigidly in our little comfortable parenthesis that it starts to become painful, and that's called illness. And then we're still stuck in our parenthesis, it becomes more painful, and that's called disease or poverty or starvation or cruelty, injustice, all the terrible things that the human sense does to each other and itself.

Here is what all of this is leading up to: when we realize that God and the fullness of God, (which means the fullness of all of our infinity without exception,) is consciousness, and because God is indivisible and omnipresence Itself, then the consciousness that I am is that infinity and fullness fully embodied right here *as* this consciousness that I am. *The consciousness that I am is the consciousness that the whole of God is, being Itself as this that is sensed as I.*

When we realize that the kingdom that already exists in all its blissful state is your consciousness and mine, we therefore realize that it is only the misuse, the unwitting misuse of our consciousness that thrusts us into the experience of pain and suffering. This is because we're thinking; we're using consciousness to think materially, to believe materially. What is belief other than an aspect of consciousness? You couldn't be anything if you didn't have consciousness. So belief is just your consciousness deciding, "I'll believe that over there" instead of "I'll believe the purity of my consciousness." Belief isn't anything else, it's just consciousness. All is consciousness.

When we realize this, we catch the beautiful truth that your consciousness without material sense-- material sense removed, stopped, which is simply a decision right here and now that we can all make-- is heaven. Let's do it the other way around: your consciousness is heaven because God is consciousness and God is the infinite, therefore the infinity of your experience. This earth, this universe is actually literally heaven. When you see me, you are looking at heaven. The imagery of me that you see and believe, if you are thinking falsely, perceiving falsely, is happening only as your optical illusion. It is not happening over here.

Even if we are sitting three or four feet away from each other, what you're seeing these three feet away in your magnified micro is actually heaven. But you are having an optical illusion called material sense and so it appears, heaven appears as a physical form, a physical being, a human being. It's not! You are looking at heaven because heaven is all

there is!

Think again--your consciousness with material sense removed is heaven. Now, where is that material sense happening-- over here, or in your so-called mind, in your so-called head, your faculties? And so what's actually out here-- and never forget, there *is* the whole of heaven, there *is* this magnificent infinity of heaven, of being, of truth—but all of it is you. The macro *is* the micro. The whole of the infinite exists fully at every point of itself.

And so you imagine yourself climbing into that point-- there you are, it's called you; the whole of infinity is climbed into a point. And now it looks out at itself, but it is looking at *itself* because the whole of the infinite exists as every point. Do you see that? You're always looking out at yourself.

But what is your self? Heaven! It's consciousness, heaven, God, except you are having an optical illusion. It's called being human. It's called having material sense, and that material sense is happening only in what seems to be your faculties, inside you, your withiness.

But remember: withiness is the whole of you. Withiness is every point of awareness that you are being. So when you look at me, you're being a point of awareness that's focusing itself as this aspect of heaven right here and it's called Paul, in that darkened sense. Or I'm doing the same when it's called all your names in that darkened material sense. However, remove material sense and there it is revealed as what it really is: heaven.

Now, using consciousness truthfully is utterly free to you. It doesn't cost money. It doesn't depend on a teacher. It doesn't depend on a scripture. It doesn't depend on your environment. It doesn't depend on whether you are homed or homeless. It doesn't depend whether your sense of being is in a hospital bed or is running as an Olympic athlete.

It makes no difference at all. The kingdom of God is freely available to you and the kingdom of God is consciousness. Therefore, when you use your consciousness *as* the kingdom, then the kingdom becomes all the forms of your consciousness. The forms, instead of being limited by material sense, are now freed in spiritual sense. And that is free to you!

God is consciousness. All we are ever doing is working on consciousness. We are never working on the forms of consciousness that we can name. We are working on consciousness. Why? Because if we get trapped into working on the forms of

consciousness, we're actually working on the optical illusion, and we can't. The only problem with the optical illusion is that it doesn't have enough light. The more light the optical illusion has, the more truthful the forms of it are.

And what is the only way to illumine consciousness? In other words, to bring more light to the optical illusion, to bring more light to the five sense mind? What is it? God awareness. Truth awareness. And how do we do that? The only thing we ever have to do is use our consciousness truthfully, realizing that when we are exercising our consciousness in this way, *my body is the body of spirit*.

We have ignored the optical illusion that suggests physicality, and everything attached to it, everything that can happen to it, good and bad. Ignore it and realize that the only reason it appears physical is that we have an unilluminated consciousness. We have been misusing consciousness, but the body is consciousness nevertheless. All is consciousness; therefore, the body is consciousness. So when I use my consciousness truthfully, guess what? I witness my body truthfully because the body is consciousness.

So the question always boils down to, how am I using my consciousness? Because my consciousness actually is the fullness of God embodied. So when I use it properly-- we may use the word align-- when I align my awareness, my thinking with truth, then because everything is consciousness, then everything of consciousness, i.e. everyone and everything that we experience, becomes truthful, because they are nothing but consciousness.

And they're flavored, they're colored by the flavor or the color that I am being as consciousness. God can't help me. God has already helped me. God is the fullness of my consciousness. God is the fullness of Itself as this very consciousness that I am. Well, why don't I join the party? Why don't I start using this consciousness truthfully instead of untruthfully? Why don't I start walking around thinking about heaven, thinking about spirit-- the spiritual being, the spiritual universe, the spiritual thing, the spiritual body, the spiritual awareness, the spiritual place?

Again, it has to be continual. I can't just give it five minutes and then expect the rest of the 24 hours to now appear truthfully to me. That's no good. I have to *be*-- remember that-- it is only what we are *being* consistently that reveals itself. And so what am I being consistently this hour? Well, there it is. Whatever that is, is what is going to be evident as your life experience.

Thinking truthfully doesn't cost you anything and doesn't depend on anyone or anything. It is not restricted or hindered by any circumstance whatsoever, is it? Because God is consciousness, and because consciousness is everything, then the moment I start thinking truthfully, the moment I start becoming aware truthfully, then everything-- because it is that consciousness that I'm now being, but now truthfully-- begins to reveal itself as that very truth I am now being as this consciousness, and it's totally and utterly free to me.

Therefore, we can easily understand now that the whole of the kingdom starts being revealed. My world is literally becoming the tangible presence of heaven in every way, and it is free. It depends on how I recognize that truth as my consciousness and therefore how I use my consciousness. And that now truthfully used consciousness appears as healthy bodies, or it appears as if bodies are healing from illness to health, from disease to health. It appears as if lack is now becoming abundance. It appears as if a slow economy, a slow business, or a lack of intelligence, a lack of skill, a lack of answer, solution— “What shall I do? I don't know, I'm stuck.”-- it appears as if all this melts away and is replaced with or transformed as exactly the fulfillment of this very place here and now, this very step, this very being, this very business or practice, this very amount, this very opportunity, this very awareness, the wisdom, the knowledge, the skill.

It appears as if everything that wasn't right is now transforming into everything that is very right. But what is actually happening, what I have done, is to transform my use of consciousness. That's all. And that is all I ever have to do because actually that's all there is. Everything is consciousness and actually everything is God being consciousness, because that's all there is. And so we can say that the whole of the kingdom of God is free to you, and is first your thinking, your recognition, your awareness of God, and that is most certainly free to you.

Even if we were locked away for life, for some reason behind bars, nothing and no one could stop us freely using our consciousness to be aware of truth instead of untruth. And as many have discovered, including Jesus, the moment we do that we will very quickly see those bars open for us. The prison door will open. The shackles will fall off. We are able to look back and say well, what were they? There were nothing but my untruthful use of consciousness. Everything is consciousness. So if I have a consciousness of a prison door or a shackle then, okay, here it is in my experience. But the moment I use my consciousness truthfully, there is no prison door nor shackle, and therefore the forms that seem to be binding me or restricting me are not there. They fall away.

Do you still think an iron shackle is something real that can restrict you? If you do, then

you haven't realized that everything is consciousness, and consciousness is God, and God is good. And if I align myself with, if I become aware of, if I use my consciousness as God consciousness, truthful consciousness, and then I sit in the peace of it, the peace of the already finished kingdom, the peace of "*God is, therefore I don't need to be is*"-- if I can do that, then I will watch the literal fact that everything is indeed consciousness.

Now I'm witnessing the forms of my now truthful consciousness opening up everywhere revealed as truth. I'm watching every shackle, every limitation, every illness, disease, limit falling away, melting and revealing itself as truth. I'm watching prison doors open and shackles fall off, literally. I'm watching disease and tumors, mental insufficiencies or imbalances or chemical deficiencies or whatever material consciousness describes it as, I'm watching all of that transform itself and spring up into the fullness of being, kind of shaking itself off and thinking, what was that? What happened there? Literally, this is very often the experience—"What happened there? Well, that was really strange! It makes me shiver. What happened?"

Nothing happened, apart from a little misuse of consciousness. Illness is a misuse of consciousness. It is an unwitting acceptance of the misuse of consciousness. And we have all been trained in the misuse of consciousness. In other words, we have been trained as a human being. We even go to university to study the misuse of consciousness. How about that? We get diplomas for the misuse of consciousness. If you're very good at the misuse of consciousness I'll give you an A plus. If you're not so good I'll give you an E minus. I'm pretty grateful that I was such a terrible student. I pretty much ended up with C's and D's and E's. I think I got an F in something!

Now I'm being a little facetious there because at that level of consciousness, of course, it can be-- depending on your expression--very useful and smart to go to university and study and do well. But by no means is that the way of truth. And by no means does it need to be your expression or the way of it or the avenue leading to it. By no means, and I think we all know that. In truth, everything we know and have learned of humanity and intelligence in every aspect of it, literally every aspect of it-- the millions or billions of aspects of humanity-- means nothing. None of it is true.

Heaven is your consciousness, and the only reason it appears limited or painful in any way whatsoever is because we are unwittingly using this God consciousness, the consciousness that is God Itself--imagine that!-- untruthfully. We are using it to have material sense. We are using it to believe appearance. Isn't that incredible?

And yet because everything is consciousness, everything is God, everything is the one infinity of being, then the moment we start using consciousness truthfully, then there are all the forms of it. Now do you see? *The whole kingdom of God is utterly free to you.*

Thank you.

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