

# Witnessing Oneness Within and Without (the Living Experience)

German seminar 04. - 06.01.2019 (WOWW)

Transcription

## 5. Meditation on the 3 Truth Statements

Good evening, everyone, and good afternoon to you!

We have been given three miracle-evidencing truth statements, but as is true with any statement of truth, the statement itself will do nothing for us. They have to become practical realizations. We really have to be one with them. They have to live us; more than that, they have to *be* us.

This is what St Paul tells us: *“I live, yet not I [not the personal self]; Christ lives my life.”*

This means that these statements of truth become much, much more than just a statement; they are literally our practical existence, they abide in us and we abide in them—more than that, they *are* us and we *are* them.

So I deeply hope you can hear what I have been suggesting these two days, which is that these three statements (and we may have more, I don't know, but right now we have three), once realized, reveal God wherever you are.

Now we could take one thousand other truths statements and they would not reveal God wherever we are as these three do. There are other statements that will do the same job, certainly; maybe we'll hear one or two more of those tomorrow, but please realize the treasure you have in your hands now with these three. Really take them into your being and work with them. And if you do, if you really devote yourselves to these three realizations, the abundant fruitage throughout your life is guaranteed.

Okay, so the first one: ***God is only evident as itself***, which means God is only evident as God consciousness. Now let's rest with that for a few minutes and each of us ponder silently what that means. In a nutshell it means that no personal self can be present. Now let's spend some minutes realizing the depth and the breath of what that means.

(A few minutes of silence)

If you feel any struggle with this or any argument within with this, then remind yourself that if God is the only existence, it is logical that God can only be evident as itself. Light can only be evident as light. If we wanted light to be evident as dark we would fail. This is exactly the same as wanting God evident as physicality or materiality.

And yet when we wake up and only seek and expect God to be evident as it is, then we are not casting shadows in our earth, and the light of God illumines what we call physicality and

materiality. In other words, the light of the universe is released in us and through us, and everything now appears as the true image and likeness of God. Let's rest with this for another few minutes.

(A few minutes of silence)

When I am being what God is, I have the evidence of God everywhere about. God greets me wherever I am. God greets me through the loving eyes and the loving smiles of people I meet; as the birdsong and the flowers and the breeze in the trees; as loving opportunity being offered to me all the time; as unexpected supply, students, customers, clients; as constant opportunity and invitation to serve and to give; as a mind full of God; as the conviction of God as being the one reality; as spiritual realization welling up and filling my awareness; as a weekend with my beautiful German friends.

Do you see? All of this presents itself to us as we do just one thing, and that is to be what we truly are.

*Be a god, not a human. Think spiritually, not mentally or humanly. Realize that your body is spirit, not matter, not flesh, which means that your body is infinite and omnipresent, eternal. It wasn't born, it's not going to age, it's not going to die one day — unless you believe these things about it. And if you do, stop it.*

Your world is spiritual, not material, so live your true identity. Live the glorious existence of *is* and then watch the glory of God being evident everywhere you are; watch your true fulfillment and your true joy of life welling up and living you. Enjoy the freedom of heaven and earth—it is all yours.

*Everything true and wondrous about heaven and earth is all yours.*

Stop the nonsense and the struggle of the human self. There's no need to live with it for another day, because it isn't real and it has no power to stop your truth from being lived.

All right, our second statement is this: ***What you have multiplies; what you do not have depletes and dies eventually.***

I am and I have God, or *is*. In that case your God realization and experience multiplies. You don't have to multiply it; it multiplies itself. I am and I have infinity, in which case you will watch infinity multiplying the pictures of good life without taking thought or making any effort yourself.

*When you know that you are and have infinity, which means when you know that you are and have infinity as all, within and without; when you know that all is infinite despite appearance, and you are that infinity, then without taking thought or making one moment of effort, you will watch the multiplication of the loaves and fishes or the euros or the dollars or the opportunity or the customers wherever they are needed.*

If you catch yourself attempting to multiply matter, then you are living in a divided consciousness and you will never succeed. You can't multiply matter. Why? Because matter

doesn't exist; matter is just sense. But spirit, which is the reality, exists everywhere in its infinity.

*So once you are and have infinity, all you do is watch the pictures of it multiplying to fulfill the scenery.*

I am and I have love, which means I can never lack love. Wherever I am, I am presented with loving people, loving opportunity, loving gifts, and that is because I am *being* love. I am the presence of love for you. I know you as God; I know you as love. I don't want any human love from you; I don't want any human kindness or compassion or gentleness from you. I know you as the very presence of God, as God love, and that is what opens you up (if you're not already open in experience) and reveals you as God, as love.

Again, by being the consciousness of God and love, the pictures change to reveal God and reveal love. But if I wanted some love from you, then I have failed. I have taken myself out of God consciousness.

Now, being the very presence of love will also very quickly change the pictures of relationships that are not true love, and that is wonderful. Who wants anything but true love? So if that is the way a relationship is going to go, let the pictures of relationship change.

We do not need a human being to experience all the tangible love that God is as us.

Remember, God does not need a corporeal organ to fulfill itself; and yet if the pictures of human relationship are part of our fulfillment, then we will find ourselves with them.

It may take a little practice but we will eventually get there, especially in my case. But you see, I refuse to accept anything but true, in this case, love.

I refuse. And I refuse to accept anything but every true aspect of God. I refuse to accept disease or injury or old age. I refuse to accept any kind of lack or limitation. I refuse to accept a lack of the freedom of expression or the freedom of true being. I refuse these things for two reasons, and so must you:

*The first is that they are untrue; they are not who we are. We are spiritual being with the freedom of heaven and earth. Ours are the treasures of heaven and earth, and so let us take them up and let us be them and serve with them, give with them.*

And the second reason: *I dare not invite you to a class if I'm not doing everything I possibly can to live the fullness of true being. What would you think of me if I accepted anything less than the fullness of God to my greatest ability? And I would never want you to attend a class of mine if I lived below my very best ability to be the God that we all are.*

It's the same with all of us. If we are taking truth seriously, then I think we have an obligation to ourselves and to our loved ones and to our world to live as the very highest state of God being that we each can every day. Otherwise we're not serious; we are just playing at it, just something to do at the weekend.

But I know that's not us — we are serious, and we need to be. So as we make every effort to realize that what we have multiplies, then we are continually inspired and motivated to read more scripture, listen to more classes, and most importantly, to sit for more time each day, meditating with these wondrous truths, because it is that act of consciousness that deepens these truths in us. And the deeper they are in us, the more fruitage we see everywhere we are.

*What I know I am and have multiplies.*

And our third statement: What you release, you have. Release God. The God we all held onto and sought and prayed to was nothing but a conceptual God.

The real God is *is*.

When we realize that, we can release God; we don't need God anymore. I hope you will spend many cumulative wondrous hours meditating on *is*. Meditating on *is* cleans us out of every possible sense of needing something, wanting something — even God. If you want to quickly see what infinity looks like throughout your world, meditate deeply on *is*.

*Release humanity!*

*Release the mental mind!*

*Release the physical body!*

*Release the material world and all material things.*

Remember, God does not need a corporal organ to be fulfilled.

*God is.*

*Fulfillment is.*

*Infinity is.*

Think about that — you don't need to multiply anything if infinity already is.

*Omnipresence is.*

Think about that — you don't need to get anything of good if omnipresence already is.

*Eternity is.* There is no choice or alternative.

*Eternity is the only is.*

There is no temporal is. You are eternal whether you know it or not, believe it or not, or like it or not.

Now interestingly, as we release everything, we discover ourselves with its fulfillment. As we release God, we discover that God always been here. Right where I am God is; and yet we've been huffing and puffing and straining in our attempt to find God or get God.

The moment we release humanity, we find our lives filled with the most beautiful people — we can't keep them away. But they're beautiful, they're true, they are spiritual family. We always find ourselves with beautiful companionship, friendship, but when we *desire* these things, we do not have them.

It is the releasing of them that is the miracle.

When we release the mental mind, we find our mind full of spirit — but we have to stop the effort for spiritual awareness.

*Not that we stop attending these classes, not that we stop reading, not that we stop meditating, but there's a universe of difference between seeking that which we believe we do not have with a mental mind and realizing that I am and I have spiritual mind already, and now I am free to adventure in it, explore it. The moment we release the physical body, we find our body full of the light and the health of spirit. The moment we release the world and all material things, we find that the world is spirit and all things are spirit.*

So I am forever releasing everything in my experience. I don't want anything from him or her or it. As soon as you present yourself to me, I release you. You are free to be exactly who you are and who you want to be in my presence.

What I release, I have.

I'm not attached to any person or any thing, any place, any condition, which means that *is* is free in me to present itself as the most beautiful people and things and places and conditions.

*In releasing the world, I release the miracles of the world.*

*In releasing the personal sense of self, I release the miracle self, the true self in me.*

You see how you can spend many wonderful hours each week meditating on these three truths like this, each time they are sinking deeper into your very being, and the fruit is then infallible. I truly hope you will do that.

*There's no greater gift I can give to you. The biggest gift that I can give you is that of inspiring you and motivating you to meditate deeply on these and such truths. In other words, it is the gift of your freedom; it is the gift of giving you the confidence to turn within and realize that you literally are the infinity of being. As soon we each catch that truth, you don't need me; you don't need any other teacher; you don't need books or classes. All the realization you can ever need is sitting, fully illumined, in your consciousness.*

*Before you call, I will answer.*

***You see, you are self-complete being.***

Nothing of the treasures of heaven or earth can be added to you.

***You are the treasure of heaven and earth.***

And so to give you the confidence to realize this and to start living as that true infinity of being is the greatest gift we can give each other.

***We are truly all brothers and sisters, all completely equal in God — none of us higher, none of us lower; all equal, and that is what we must recognize in each other. That is why our true fulfillment is to serve each other, to give and share with each other freely.***

I love the account of Jesus getting on his hands and knees and washing the disciples' feet. He is showing us that a master does not rule, but a true master is here to serve. So we become each other's loving servants, and in that way we are each a master.

Well, I think we have had the most wondrous day, and my love and my gratitude overflow. Thank you, thank you, thank you.

Thank you and much, much love from all of us here. We will see you at 2:00 PM (German time), 5:00 AM (California time), an easy 8:00 AM Eastern time, and all of it no time whatsoever – just *now*. Well, I wish you the most beautiful evening and night and morning and we will see you tomorrow.

And thank you, Johannes and Helvi, for setting everything up and Johannes, for such wonderful translation - thank you, thank you.

I tell you, there is nothing like spiritual family. Wonderful. Well, good night everyone. All our love, and we'll see you tomorrow.